

When The Air Hits Your Brain

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CONCLUSION

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When the Air Hits Your Brain: Tales from Neurosurgery *W. W. Norton & Company*

The story of one man's evolution from naive and ambitious young intern to world-class neurosurgeon. With poignant insight and humor, Frank Vertosick Jr., MD, describes some of the greatest challenges of his career, including a six-week-old infant with a tumor in her brain, a young man struck down in his prime by paraplegia, and a minister with a .22-caliber bullet lodged in his skull. Told through intimate portraits of Vertosick’s patients and unsparing yet fascinatingly detailed descriptions of surgical procedures, When the Air Hits Your Brain—the culmination of decades spent struggling to learn an unforgiving craft—illuminates both the mysteries of the mind and the realities of the operating room.

When the Air Hits Your Brain *Fawcett Books*

A Pennsylvania neurosurgeon chronicles his evolution from a naive young intern to a world-class surgeon and his toughest challenges, from a six-week-old infant with a brain tumor to a minister with a bullet in his head. Reprint. NYT. PW.

When the Air Hits Your Brain

Tales of Neurosurgery

Neurosurgery is an arrogant and yet intensely humbling occupation. Physicists might distill Creation into a few differential equations and biologists see life's wonders in a DNA helix. Only the neurosurgeon actually touches the fleshy incarnation of Nature's greatest mystery - the human brain - and runs the risks that come with it. The true mystery of neurosurgery lies in the lifelines of surgeon and patient. In this fragile bond, the real drama of ordinary patients and ordinary doctors rising to meet extraordinary situations is played out. For the patient, an operation is a single defining moment. For the neurosurgeon, each moment in the operating room represents the culmination of decades spent struggling to learn an unforgiving craft. When these two join there is drama, often too much of it. This book chronicles one man's evolution from a naive and ambitious young intern into a member of that singular breed of doctor - the neurosurgeon. Told through intimate portraits of his patients and unsparing yet fascinatingly detailed descriptions of surgical procedure, When the Air Hits Your Brain is a poignant and sometimes shockingly funny account of the mysteries of the mind and the operating room.

Gray Matter

A Neurosurgeon Discovers the Power of Prayer . . . One Patient at a Time *Tyndale House Publishers, Inc.*

A perfect blend of medical drama and spiritual insight, Gray Matter is a fascinating account of Dr. David Levy’s decision to begin asking his patients if he could pray for them before surgery. Some are thrilled. Some are skeptical. Some are hostile, and some are quite literally transformed by the request. Each chapter focuses on a specific case, opening with a detailed description of the patient’s diagnosis and the procedure that will need to be performed, followed by the prayer “request.” From there, readers get to look over Dr. Levy’s shoulder as he performs the operation, and then we wait—right alongside Dr. Levy, the patients, and their families—to see the final results. Dr. Levy’s musings on what successful and unsuccessful surgical results imply about God, faith, and the power of prayer are honest and insightful. As we watch him come to his ultimate conclusion that no matter what the results of the procedure are, “God is good,” we cannot help but be truly moved and inspired.

Why We Hurt

The Natural History of Pain *Harvest*

Using stories of patients in pain, a neursurgeon and author of When the Air Hits Your Brain explains how pain evolved and why it functions the way it

does, providing a mixture of medicine, history, anthropology and inspiration. Reprint. 20,000 first printing.

Brain Surgeon

A Doctor's Inspiring Encounters with Mortality and Miracles *Grand Central Life & Style*

Welcome to tiger country: the treacherous territory where a single wrong move by a brain surgeon can devastate-or end-a patient's life. This is the terrain world-renowned neurosurgeon Keith Black, MD, enters every day to produce virtual medical miracles. Now, in BRAIN SURGEON, Dr. Black invites readers to shadow his breathtaking journeys into the brain as he battles some of the deadliest and most feared tumors known to medical science. Along the way, he shares his unique insights about the inner workings of the brain, his unwavering optimism for the future of medicine, and the extraordinary stories of his patients-from ministers and rock stars to wealthy entrepreneurs and uninsured students-whom he celebrates as the real heroes. BRAIN SURGEON offers a window into one man's remarkable mind, revealing the anatomy of the unflinching confidence of this master surgeon, whose personal journey brought him from life as a young African-American boy growing up in the civil rights era South to the elite world of neurosurgery. Through Dr. Black's white-knuckle descriptions of some of the most astonishing medical procedures performed today, he reveals the beauty and marvel of the human brain and the strength and heroism of his patients who refuse to see themselves as victims. Ultimately, BRAIN SURGEON is an inspiring story of the struggle to overcome odds-whether as a man, a doctor, or a patient. PRAISE FOR BRAIN SURGEON "An inspirational book about true heroes - readers will marvel at Keith Black's achievements both as a doctor and as a man, and will be in awe of his patients' courage and will to survive." --Denzel Washington "A rare, behind-the-curtain look at the life of one of the most pre-eminent neurosurgeons in the world." --Sanjay Gupta, MD, Chief Medical Correspondent, CNN

Another Day in the Frontal Lobe

A Brain Surgeon Exposes Life on the Inside *Random House Trade Paperbacks*

Katrina Firlik is a neurosurgeon, one of only two hundred or so women among the alpha males who dominate this high-pressure, high-prestige medical specialty. She is also a superbly gifted writer-witty, insightful, at once deeply humane and refreshingly wry. In Another Day in the Frontal Lobe, Dr. Firlik draws on this rare combination to create a neurosurgeon's Kitchen Confidential-a unique insider's memoir of a fascinating profession. Neurosurgeons are renowned for their big egos and aggressive self-confidence, and Dr. Firlik confirms that timidity is indeed rare in the field. "They're the kids who never lost at musical chairs," she writes. A brain surgeon is not only a highly trained scientist and clinician but also a mechanic who of necessity develops an intimate, hands-on familiarity with the gray matter inside our skulls. It's the balance between cutting-edge medical technology and manual dexterity, between instinct and expertise, that Firlik finds so appealing-and so difficult to master. Firlik recounts how her background as a surgeon's daughter with a strong stomach and a keen interest in the brain led her to this rarefied specialty, and she describes her challenging, atypical trek from medical student to fully qualified surgeon. Among Firlik's more memorable cases: a young roofer who walked into the hospital with a three-inch-long barbed nail driven into his forehead, the result of an accident with his partner's nail gun, and a sweet little seven-year-old boy whose untreated earache had become a raging, potentially fatal infection of the brain lining. From OR theatrics to thorny ethical questions, from the surprisingly primitive tools in a neurosurgeon's kit to glimpses of future techniques like the "brain lift," Firlik cracks open medicine's most prestigious and secretive specialty. Candid, smart, clear-eyed, and unfailingly engaging, Another Day in the Frontal Lobe is a mesmerizing behind-the-scenes glimpse into a world of incredible competition and incalculable rewards.

When the Air Hits Your Brain

Tales from Neurology

Admissions

Life as a Brain Surgeon *Thomas Dunne Books*

The 2017 National Book Critics Circle (NBCC) Finalist, International Bestseller, and a Kirkus Best Nonfiction Book of 2017! "Marsh has retired, which means he's taking a thorough inventory of his life. His reflections and recollections make Admissions an even more introspective memoir than his first, if such a thing is possible." —The New York Times "Consistently entertaining...Honesty is abundantly apparent here--a quality as rare and commendable in elite surgeons as one suspects it is in memoirists." —The Guardian "Disarmingly frank storytelling...his reflections on death and dying equal those in Atul Gawande's excellent Being Mortal." —The Economist Henry Marsh has spent a lifetime operating on the surgical frontline. There have been exhilarating highs and devastating lows, but his love for the practice of neurosurgery has never wavered. Following the publication of his celebrated New York Times bestseller Do No Harm, Marsh retired from his full-time job in England to work pro bono in Ukraine and Nepal. In Admissions he describes the difficulties of working in these troubled, impoverished countries and the further insights it has given him into the practice of medicine. Marsh also faces up to the burden of responsibility that can come with trying to reduce human suffering. Unearthing memories of his early days as a medical student, and the experiences that shaped him as a young surgeon, he explores the difficulties of a profession that deals in probabilities rather than certainties, and where the overwhelming urge to prolong life can come at a tragic cost for patients and those who love them. Reflecting on what forty years of handling the human brain has taught him, Marsh finds a different purpose in life as he approaches the end of his professional career and a fresh understanding of what matters to us all in the end.

Do No Harm

Stories of Life, Death, and Brain Surgery *Macmillan*

A New York Times Bestseller Shortlisted for both the Guardian First Book Prize and the Costa Book Award Longlisted for the Samuel Johnson Prize for Non-Fiction A Finalist for the Pol Roger Duff Cooper Prize A Finalist for the Wellcome Book Prize A Financial Times Best Book of the Year An Economist Best Book of the Year A Washington Post Notable Book of the Year What is it like to be a brain surgeon? How does it feel to hold someone's life in your hands, to cut into the stuff that creates thought, feeling, and reason? How do you live with the consequences of performing a potentially lifesaving operation when it all goes wrong? In neurosurgery, more than in any other branch of medicine, the doctor's oath to "do no harm" holds a bitter irony. Operations on the brain carry grave risks. Every day, leading neurosurgeon Henry Marsh must make agonizing decisions, often in the face of great urgency and uncertainty. If you believe that brain surgery is a precise and exquisite craft, practiced by calm and detached doctors, this gripping, brutally honest account will make you think again. With astonishing compassion and candor, Marsh reveals the fierce joy of operating, the profoundly moving triumphs, the harrowing disasters, the haunting regrets, and the moments of black humor that characterize a brain surgeon's life. Do No Harm provides unforgettable insight into the countless human dramas that take place in a busy modern hospital. Above all, it is a lesson in the need for hope when faced with life's most difficult decisions.

Something Awesome

A Life in Neurosurgery *Radius Book Group*

In this medical memoir, Dr. Friedman recounts the humorous, tragic, and always intense relationships of neurosurgeons to their colleagues and patients. He details what it takes to become a leading neurosurgeon and deal with deadly brain diseases and their devastating complications. He weighs in on universal health care in the United States. He also answers such questions as how does the mind work, why is trigeminal neuralgia called the "suicide disease," and how will we ultimately cure cancer of the brain? Through his exhilarating and challenging experiences, Dr. Friedman shares his lifelong journey, one that has truly been "something awesome."

Mind

A Unified Theory of Life and Intelligence *Open Road Media*

In this "engaging" book, a noted neurosurgeon explores the possibility of intelligence in bacteria and other microorganisms (Library Journal). It has a goal and a strategy to achieve it. It disguises itself as it stealthily surveys its enemy's vulnerabilities. It mobilizes its resources to conquer. It bides its time until it is certain it can overwhelm its victim. Then it attacks. If it detects resistance it changes tactics-retreats, sends for reinforcements, captures its enemy's intelligence and incorporates it. It regroups and, transformed, goes forth again to triumph. This could be a description of a human army. It happens, however, to be a description of an army of cancer cells. Most of us shrink from describing bacteria and other microorganisms as intelligent. Neurosurgeon Frank Vertosick does not. And perhaps, when you finish reading MIND: A UNIFIED THEORY OF LIFE AND INTELLIGENCE, you will not either. What is intelligence? We define it in human terms, but are humans the only measure? We ascribe it to higher mammals and to social insects like bees and ants, but when we cross the threshold into cellular life, definitions blur. This revolutionary-but accessible and highly entertaining-exploration of intelligence is guaranteed to alter your appreciation of life on its most fundamental level. Frank T. Vertosick, J.R., M.D. is the author of WHEN AIR HITS YOUR BRAIN and WHY WE HURT: THE NATURAL HISTORY OF PAIN (Originally published as THE GENIUS WITHIN)

Everyone's Child

A Pediatrician's Story of an Inner-City Practice *Simon and Schuster*

A young doctor describes her practice in an inner-city health clinic in Boston, detailing her remarkable patients and their families, as well as their struggles to overcome the physical and social problems of poverty

When Breath Becomes Air *Random House*

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE’S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper’s Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade’s worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When Breath Becomes Air chronicles Kalanithi’s transformation from a naïve medical student “possessed,” as he wrote, “by the question of what, given that all organisms die, makes a virtuous and meaningful life” into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while

working on this book, yet his words live on as a guide and a gift to us all. “I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything,” he wrote. “Seven words from Samuel Beckett began to repeat in my head: ‘I can’t go on. I’ll go on.’” When Breath Becomes Air is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Walk on Water

The Miracle of Saving Children's Lives Penguin

Described by one surgeon as “soul-crushing, diamond-making stress,” surgery on congenital heart defects is arguably the most difficult of all surgical specialties. Drawing back the hospital curtain for a unique and captivating look at the extraordinary skill and dangerous politics of critical surgery in a pediatric heart center, Michael Ruhlman focuses on the world-renowned Cleveland Clinic, where a team of medical specialists—led by idiosyncratic virtuoso Dr. Roger Mee—work on the edge of disaster on a daily basis. Walk on Water offers a rare and dramatic glimpse into a world where the health of innocent children and the hopes of white-knuckled families rest in the hands of all-too-human doctors.

Becoming a Neurosurgeon Simon & Schuster

A fascinating guide to a career in neurosurgery written by award-winning journalist John Colapinto and based on the real-life experiences of an expert in the field—essential reading for someone considering a path to this most challenging profession. Choosing what to do with your life begins with imagining yourself in a career, actually meeting the emotional, physical, and intellectual demands of the job. Often regarded as one of the most technically and emotionally demanding of surgical disciplines, becoming a neurosurgeon requires years of study. This practical guide offers a unique opportunity to see what daily life for a neurosurgeon is like, from someone who has mastered the profession and can explain what the risks and rewards of the job really are. Joshua Bederson is the chief of Neurosurgery at the esteemed Mt. Sinai Hospital in New York City. New Yorker writer John Colapinto brings to vivid life what Dr. Bederson’s professional life is like to show all the varied facets of his work, from extensive study and research to brain operations, one-on-one consultations with patients, and even staff meetings with fellow surgeons and students. Since Mt. Sinai is a teaching hospital, we learn alongside the residents and interns how Bederson trains neurosurgeons, passing along the knowledge and skills he honed over decades. The result is a multidimensional portrait of a man and a department, a practical guide for how to enter and learn the profession, as well as a moving glimpse into the world of patients and doctors who face some of life’s most harrowing challenges.

When the Air Hits Your Brain: Tales from Neurosurgery

The cranial incident happened shortly after Gary became the chief physician. Fred and Gary performed a craniotomy on a patient to remove a benign brain tumor. Fred did it all from start to finish—generally called robbing the case. What's even worse, Fred left the operating room just like that, leaving the most cumbersome part of stitching the wound to Gary. Gary was really angry, so he took the temporarily sawn skull from the patient's skull and carved Fred's Worst on the inside with an electric knife. I think this matter will never be known...

Fahrenheit 451

A Novel Simon and Schuster

A totalitarian regime has ordered all books to be destroyed, but one of the book burners suddenly realizes their merit.

Blue Collar, Blue Scrubs

The Making of a Surgeon St. Martin's Press

It looked for a while like Michael Collins would spend his life breaking concrete and throwing rocks for the Vittorio Scalese Construction Company. He liked the work and he liked the pay. But a chance remark by one of his coworkers made him realize that he wanted to involve himself in something bigger, something more meaningful than crushing rocks and drinking beer. In his acclaimed first memoir, Hot Lights, Cold Steel, Collins wrote passionately about his four-year surgical residency at the prestigious Mayo Clinic. Blue Collar, Blue Scrubs turns back the clock, taking readers from his days as a construction worker to his entry into medical school, expertly infusing his journey to become a doctor with humanity, compassion and humor. From the first time he delivers a baby to being surrounded by death and pain on a daily basis, Collins compellingly writes about how medicine makes him confront, in a very deep and personal way, the nature of God and suffering—and how delicate life can be.

The Neuroscientist Who Lost Her Mind

My Tale of Madness and Recovery HarperCollins

In the tradition of My Stroke of Insight and Brain on Fire, this powerful memoir recounts Barbara Lipska's deadly brain cancer and explains its unforgettable lessons about the brain and mind. Neuroscientist Lipska was diagnosed early in 2015 with metastatic melanoma in her brain's frontal lobe. As the cancer progressed and was treated, she experienced behavioral and cognitive symptoms connected to a range of mental disorders, including dementia and her professional specialty, schizophrenia. Lipska's family and associates were alarmed by the changes in her behavior, which she failed to acknowledge herself. Gradually, after a course of immunotherapy, Lipska returned to normal functioning, amazingly recalled her experience, and through her knowledge of neuroscience identified the ways in which her brain changed during treatment. Lipska admits her condition

was unusual; after recovery she was able to return to her research and resume her athletic training and compete in a triathlon. Most patients with similar brain cancers rarely survive to describe their ordeal. Lipska's memoir, coauthored with journalist Elaine McArdle, shows that strength and courage but also an encouraging support network are vital to recovery.

The Daily Show (The Book)

An Oral History as Told by Jon Stewart, the Correspondents, Staff and Guests Grand Central Publishing

NEW YORK TIMES BESTSELLER The complete, uncensored history of the award-winning The Daily Show with Jon Stewart, as told by its correspondents, writers, and host. For almost seventeen years, The Daily Show with Jon Stewart brilliantly redefined the borders between television comedy, political satire, and opinionated news coverage. It launched the careers of some of today's most significant comedians, highlighted the hypocrisies of the powerful, and garnered 23 Emmys. Now the show's behind-the-scenes gags, controversies, and camaraderie will be chronicled by the players themselves, from legendary host Jon Stewart to the star cast members and writers-including Samantha Bee, Stephen Colbert, John Oliver, and Steve Carell - plus some of The Daily Show's most prominent guests and adversaries: John and Cindy McCain, Glenn Beck, Tucker Carlson, and many more. This oral history takes the reader behind the curtain for all the show's highlights, from its origins as Comedy Central's underdog late-night program to Trevor Noah's succession, rising from a scrappy jester in the 24-hour political news cycle to become part of the beating heart of politics-a trusted source for not only comedy but also commentary, with a reputation for calling bullshit and an ability to effect real change in the world. Through years of incisive election coverage, passionate debates with President Obama and Hillary Clinton, feuds with Bill O'Reilly and Fox, and provocative takes on Wall Street and racism, The Daily Show has been a cultural touchstone. Now, for the first time, the people behind the show's seminal moments come together to share their memories of the last-minute rewrites, improvisations, pranks, romances, blow-ups, and moments of Zen both on and off the set of one of America's most groundbreaking shows.

The Book Thief Knopf Books for Young Readers

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE’S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can’t resist-books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of I Am the Messenger, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with The Diary of a Young Girl by Anne Frank.” —USA Today DON’T MISS BRIDGE OF CLAY, MARKUS ZUSAK’S FIRST NOVEL SINCE THE BOOK THIEF.

Fundamentals of Neurosurgery

A Guide for Clinicians and Medical Students Springer

The aim of this book is to provide clinicians and medical students with basic knowledge of the most common neurosurgical disorders. There is a vast array of signs and symptoms that every clinician should recognize as neurosurgical affectations, allowing them to identify when to refer the patient to a neurosurgeon. In this text, the editors intend to bridge the gap between clinical medicine and neurosurgery, making neurosurgical practice understandable to a wider medical public. The book provides a smooth transition from neuroanatomy, neurophysiology and neurological examination to neurosurgery, focusing more on the knowledge underlying neurosurgical practice rather than on surgical technique. The core of the book is composed of chapters discussing each of the most important medical conditions that deserve neurosurgical intervention, providing key information on diagnosis, clinical aspects, disease management, surgical procedures and prognosis. Moreover, complementary discussion of the frontiers and advances in neurosurgery are also covered. In this sense, this book has two main goals and intended audiences. First, and primarily, it is intended for clinicians in a wide array of non-surgical medical specialties (such as general practitioners, neurologists, pediatricians, oncologists and others) aiming to give an overview on important characteristics and initial management of the most prevalent disorders treated by neurosurgeons. Second, and to a lesser degree, it is intended to be used as a practical guide for medical students who are initiating their study in neurosurgical sciences. Fundamentals of Neurosurgery – A Guide for Clinicians and Medical Students intends to be a comprehensive guide for all non-neurosurgeons who want to broaden their knowledge of neurosurgery.

The Living Sea of Waking Dreams

A novel Vintage

From the acclaimed Booker Prize-winning author comes a dazzling novel of family, love and love's disappointments Anna's aged mother is dying. Condemned by her children's pity to living, subjected to increasingly desperate medical interventions, she turns her focus to her hospital window, through which she escapes into visions of horror and delight. When Anna's finger vanishes and a few months later her knee disappears, Anna too feels the pull of the window. She begins to see that all around her, others are similarly vanishing, yet no one else notices. All Anna can do is keep her mother alive. But the window keeps opening wider, taking Anna and the reader ever deeper into an eerily beautiful story of grief and possibility, of loss and love and orange-bellied parrots. Hailed on publication in Australia as Richard Flanagan's greatest novel yet, The Living Sea of Waking Dreams is a rising ember storm illuminating what remains when the inferno beckons: one part elegy, one part dream, one part hope.

When the Polls Lie

100 Reader's Opinions When the Air Hits Your Brain *Lennox*

In this book, we have hand-picked the most sophisticated, unanticipated, absorbing (if not at times crackpot!), original and musing book reviews of "When the Air Hits Your Brain: Tales from Neurosurgery." Don't say we didn't warn you: these reviews are known to shock with their unconventionality or intimacy. Some may be startled by their biting sincerity; others may be spellbound by their unbridled flights of fantasy. Don't buy this book if: 1. You don't have nerves of steel. 2. You expect to get pregnant in the next five minutes. 3. You've heard it all.

Although Of Course You End Up Becoming Yourself

A Road Trip with David Foster Wallace *Crown*

NOW A MAJOR MOTION PICTURE, STARRING JASON SEGAL AND JESSE EISENBERG, DIRECTED BY JAMES PONSOLDT An indelible portrait of David Foster Wallace, by turns funny and inspiring, based on a five-day trip with award-winning writer David Lipsky during Wallace’s Infinite Jest tour In David Lipsky’s view, David Foster Wallace was the best young writer in America. Wallace’s pieces for Harper’s magazine in the ’90s were, according to Lipsky, “like hearing for the first time the brain voice of everybody I knew: Here was how we all talked, experienced, thought. It was like smelling the damp in the air, seeing the first flash from a storm a mile away. You knew something gigantic was coming.” Then Rolling Stone sent Lipsky to join Wallace on the last leg of his book tour for Infinite Jest, the novel that made him internationally famous. They lose to each other at chess. They get iced-in at an airport. They dash to Chicago to catch a make-up flight. They endure a terrible reader’s escort in Minneapolis. Wallace does a reading, a signing, an NPR appearance. Wallace gives in and imbibes titanic amounts of hotel television (what he calls an “orgy of spectatorship”). They fly back to Illinois, drive home, walk Wallace’s dogs. Amid these everyday events, Wallace tells Lipsky remarkable things—everything he can about his life, how he feels, what he thinks, what terrifies and fascinates and confounds him—in the writing voice Lipsky had come to love. Lipsky took notes, stopped envying him, and came to feel about him—that grateful, awake feeling—the same way he felt about Infinite Jest. Then Lipsky heads to the airport, and Wallace goes to a dance at a Baptist church. A biography in five days, Although Of Course You End Up Becoming Yourself is David Foster Wallace as few experienced this great American writer. Told in his own words, here is Wallace’s own story, and his astonishing, humane, alert way of looking at the world; here are stories of being a young writer—of being young generally—trying to knit together your ideas of who you should be and who other people expect you to be, and of being young in March of 1996. And of what it was like to be with and—as he tells it—what it was like to become David Foster Wallace. "If you can think of times in your life that you’ve treated people with extraordinary decency and love, and pure uninterested concern, just because they were valuable as human beings. The ability to do that with ourselves. To treat ourselves the way we would treat a really good, precious friend. Or a tiny child of ours that we absolutely loved more than life itself. And I think it’s probably possible to achieve that. I think part of the job we’re here for is to learn how to do it. I know that sounds a little pious." —David Foster Wallace

Aurelia, Aurélia

A Memoir *Graywolf Press*

A Ghost in the Throat *Biblioasis*

An Post Irish Book Awards Nonfiction Book of the Year • A Guardian Best Book of 2020 • Shortlisted for the 2021 Rathbones Folio Prize • Longlisted for the 2021 Republic of Consciousness Prize • Shortlisted for the James Tait Black Biography Prize When we first met, I was a child, and she had been dead for centuries. On discovering her murdered husband’s body, an eighteenth-century Irish noblewoman drinks handfuls of his blood and composes an extraordinary lament. Eibhlín Dubh Ní Chonaill’s poem travels through the centuries, finding its way to a new mother who has narrowly avoided her own fatal tragedy. When she realizes that the literature dedicated to the poem reduces Eibhlín Dubh’s life to flimsy sketches, she wants more: the details of the poet’s girlhood and old age; her unique rages, joys, sorrows, and desires; the shape of her days and site of her final place of rest. What follows is an adventure in which Doireann Ní Ghríofa sets out to discover Eibhlín Dubh’s erased life—and in doing so, discovers her own. Moving fluidly between past and present, quest and elegy, poetry and those who make it, A Ghost in the Throat is a shapeshifting book: a record of literary obsession; a narrative about the erasure of a people, of a language, of women; a meditation on motherhood and on translation; and an unforgettable story about finding your voice by freeing another’s.

West of Here *Algonquin Books*

At the foot of the Elwha River, the muddy outpost of Port Bonita is about to boom, fueled by a ragtag band of dizzyingly disparate men and women unified only in their visions of a more prosperous future. A failed accountant by the name of Ethan Thornburgh has just arrived in Port Bonita to reclaim the woman he loves and start a family. Ethans obsession with a brighter future impels the damming of the mighty Elwha to harness its power and put Port Bonita on the map. More than a century later, his great-great grandson, a middle manager at a failing fish- packing plant, is destined to oversee the undoing of that vision, as the great Thornburgh dam is marked for demolition, having blocked the very lifeline that could have sustained the town. West of Here is a grand and playful odyssey, a multilayered saga of destiny and greed, adventure and passion, that chronicles the life of one small town, turning Americas history into myth, and myth into a nations shared experience.

Life on a Knife’s Edge

A Brain Surgeon’s Reflections on Life, Loss and Survival *Penguin UK*

'It's a brilliant book... There are lessons in every paragraph... Get it now.' Chris Evans 'Wonderous and wild. I loved this book' James Nestor, bestselling author of Breath 'Moving, raw and unflinching' Julia Samuel, bestselling author of This Too Shall Pass 'Incredible storytelling' Dr Rangan Chatterjee, bestselling author of Feel Better in 5 _____ How do you carry on when things go deadly wrong? When Dr Rahul Jandial operated on Karina, an eleven-year-old girl whose spinal cord was splitting in two, he had to make an impossible decision. He followed his head over his gut and Karina was left permanently paralysed, altering both patient and surgeon's lives for ever. This decision would haunt Rahul for decades, a constant reminder of the fine line between saving and damaging a life. As one of the world's leading brain surgeons, Rahul is the last hope for patients with extreme forms of cancer. In treating them, he has observed humanity at its most raw and most robust. He has journeyed to unimaginable extremes with them, guiding them through the darkest moments of their lives. Life on a Knife's Edge is Rahul's beautifully written account of the resilience, courage and belief he has witnessed in his patients, and the lessons about human nature he has learned from them. It is about the impossible choices he has to make, and the fateful consequences he is forced to live with. From challenging the ethics of surgical practices, to helping a patient with locked-in syndrome communicate her dying wish to her family, Rahul shares his extraordinary experiences, revealing the depths of a surgeon's psyche that is continuously pushed to its limits.

Tinderbox

HBO’s Ruthless Pursuit of New Frontiers *Henry Holt and Company*

Tinderbox tells the exclusive, explosive, uninhibited true story of HBO and how it burst onto the American scene and screen to detonate a revolution and transform our relationship with television forever. The Sopranos, Game of Thrones, Sex and the City, The Wire, Succession...HBO has long been the home of epic shows, as well as the source for brilliant new movies, news-making documentaries, and controversial sports journalism. By thinking big, trashing tired formulas, and killing off cliches long past their primes, HBO shook off the shackles of convention and led the way to a bolder world of content, opening the door to all that was new, original, and worthy of our attention. In Tinderbox, award-winning journalist James Andrew Miller uncovers a bottomless trove of secrets and surprises, revealing new conflicts, insights, and analysis. As he did to great acclaim with SNL in Live from New York; with ESPN in Those Guys Have All the Fun; and with talent agency CAA in Powerhouse, Miller continues his record of extraordinary access to the most important voices, this time speaking with talents ranging from Abrams (J. J.) to Zendaya, as well as every single living president of HBO—and hundreds of other major players. Over the course of more than 750 interviews with key sources, Miller reveals how fraught HBO’s journey has been, capturing the drama and the comedy off-camera and inside boardrooms as HBO created and mobilized a daring new content universe, and, in doing so, reshaped storytelling and upended our entertainment lives forever.

The Genius Within

Discovering the Intelligence of Every Living Thing *Houghton Mifflin*

Argues that intelligence--an ability to react, change behavior, and survive--exists in all forms of life, including bacteria, insects, and animals, and presents evidence about the intelligence of the smallest living things. 25,000 first printing.

The Jungle *OUP Oxford*

A searing novel of social realism, Upton Sinclair's The Jungle follows the fortunes of Jurgis Rudkus, an immigrant who finds in the stockyards of turn-of-the-century Chicago a ruthless system that degrades and impoverishes him, and an industry whose filthy practices contaminate the meat it processes. From the stench of the killing-beds to the horrors of the fertilizer-works, the appalling conditions in which Jurgis works are described in intense detail by an author bent on social reform. So powerful was the book's message that it caught the eye of President Theodore Roosevelt and led to changes to the food hygiene laws. In his Introduction to this new edition, Russ Castronovo highlights the aesthetic concerns that were central to Sinclair's aspirations, examining the relationship between history and historical fiction, and between the documentary impulse and literary narrative. As he examines the book's disputed status as novel (it is propaganda or literature?), he reveals why Sinclair's message-driven fiction has relevance to literary and historical matters today, now more than a hundred years after the novel first appeared in print.

Seven Games: A Human History *W. W. Norton & Company*

A group biography of seven enduring and beloved games, and the story of why—and how—we play them. Checkers, backgammon, chess, and Go. Poker, Scrabble, and bridge. These seven games, ancient and modern, fascinate millions of people worldwide. In Seven Games, Oliver Roeder charts their origins and historical importance, the delightful arcana of their rules, and the ways their design makes them pleasurable. Roeder introduces thrilling competitors, such as evangelical minister Marion Tinsley, who across forty years lost only three games of checkers; Shusai, the Master, the last Go champion of imperial Japan, defending tradition against “modern rationalism”; and an IBM engineer who created a backgammon program so capable at self-learning that NASA used it on the space shuttle. He delves into the history and lore of each game: backgammon boards in ancient Egypt, the Indian origins of chess, how certain shells from a particular beach in Japan make the finest white Go stones. Beyond the cultural and personal stories, Roeder explores why games, seemingly trivial pastimes, speak so deeply to the human soul. He introduces an early philosopher of games, the aptly named Bernard Suits, and visits an Oxford cosmologist who has perfected a computer that can effectively play bridge, a game as complicated as human language itself. Throughout, Roeder tells the compelling story of how humans, pursuing scientific glory and competitive advantage, have invented AI programs better than any human player, and what that means for the games—and for us. Funny, fascinating, and profound, Seven Games is a story of obsession, psychology, history, and how play makes us human.

Brainscapes

The Warped, Wondrous Maps Written in Your Brain--And How They Guide You *Mariner Books*

A path-breaking journey into the brain, showing how perception, thought, and action are products of "maps" etched into your gray matter--and how technology can use them to read your mind.

Better

A Surgeon's Notes on Performance *Metropolitan Books*

NATIONAL BESTSELLER The New York Times bestselling author of Being Mortal and Complications examines, in riveting accounts of medical failure and triumph, how success is achieved in a complex and risk-filled profession The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In this book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, Better is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

Neurosurgery Fundamentals *Thieme*

The quintessential guide providing a one-stop roadmap to a neurosurgical career! Neurological surgery is a complex, highly selective specialty. For medical students and residents, navigating a huge array of neurosurgical information can be overwhelming. Neurosurgery Fundamentals by Nitin Agarwal is a portable reference enabling swift assimilation of neurosurgical care essentials. The book starts with a roadmap to a career in neurosurgery. It concludes with Advice from the Masters, featuring invaluable resources and insights from prominent neurosurgeons. Comprehensive technical overviews are provided on the neurological exam, neuroanatomy, neuroradiology, neurocritical care, traumatic brain and spinal cord injury, degenerative and deformity spine, neurovascular surgery, neurosurgical oncology, pediatric neurosurgery, functional neurosurgery, stereotactic radiosurgery, neurological infectious diseases, and interdisciplinary care. Socioeconomic topics include training, licensure, credentialing, and advocacy. Key Features Fundamental diseases, tests, and operative approaches are summarized. Top Hits feature the most salient questions, aiding in retention of knowledge. High-yield resources are highlighted to augment reader identification. Neurosurgical Pearls offer advice from the masters relevant to each chapter. High-quality illustrations, photographs, and radiographs enrich understanding. Aspiring neurosurgical providers will benefit from the easy-to-digest wealth of information in this concise, yet comprehensive guide.

We're Not Broken

Changing the Autism Conversation *Houghton Mifflin*

"This book is a message from autistic people to their parents, friends, teachers, coworkers and doctors showing what life is like on the spectrum. It's also my love letter to autistic people. For too long, we have been forced to navigate a world where all the road signs are written in another language." With a reporter's eye and an insider's perspective, Eric Garcia shows what it's like to be autistic across America. Garcia began writing about autism because he was frustrated by the media's coverage of it; the myths that the disorder is caused by vaccines, the narrow portrayals of autistic people as white men working in Silicon Valley. His own life as an autistic person didn't look anything like that. He is Latino, a graduate of the University of North Carolina, and works as a journalist covering politics in Washington D.C. Garcia realized he needed to put into writing what so many autistic people have been saying for years; autism is a part of their identity, they don't need to be fixed. In We're Not Broken, Garcia uses his own life as a springboard to discuss the social and policy gaps that exist in supporting those on the spectrum. From education to healthcare, he explores how autistic people wrestle with systems that were not built with them in mind. At the same time, he shares the experiences of all types of autistic people, from those with higher support needs, to autistic people of color, to those in the LGBTQ community. In doing so, Garcia gives his community a platform to articulate their own needs, rather than having others speak for them, which has been the standard for far too long.

Elder Rage

Or, Take My Father-- Please! : how to Survive Caring for Aging Parents

The author chronicles her experiences caring for her frail mother and difficult father and offers advice for caregivers on how to handle elderly parents who refuse to cooperate or demonstrate aggressive behavior.

Forest Therapy

Seasonal Ways to Embrace Nature for a Happier You *Da Capo Lifelong Books*

Your practical guide to better health, stronger relationships, and a happier life--by reconnecting with nature There is something simply soul-soothing about being in nature. In fact, research shows that spending time outside can improve the immune system, combat stress hormones, lower blood pressure, and boost self-esteem. Around the globe, rising movements are driving us to reconnect with Mother Nature--from shinrin-yoku ("forest bathing") in Japan to friluftsliv ("open-air life") in Scandinavia--yet our everyday lifestyles have distanced us from the great outdoors. For stressed-out professionals, reclusive bookworms, worn-out parents, and their cooped-up kids, Forest Therapy shares why getting back to nature is critically important for our well-being, and offers fun, easy practices to break out of hibernation. Forest bathing is a rising trend, but what to do if you're not near the woods or if the weather is dreary? Forest Therapy offers practical steps and inspiration to tap into nature's restorative power, no matter the season or the weather. Chapters address ideas for all four seasons, as well as ways to use experiences in nature as ways to deepen your relationships with your children, partner, and friends. Ivens's creative ideas and strategies range from a simple walk in the woods and countryside couples' therapy to DIY natural beauty products and simple ways to bring the great outdoors into your home. Illustrated with charming black-and-white line art, Forest Therapy is a warm, witty, and personal guide to improving your health, finding happiness, and living a fabulous al fresco life.