

Thoughts Of A Philosophical Fighter Pilot

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Thoughts of a Philosophical Fighter Pilot *Hoover Institution Press Publi*

In describing his seven and a half years as a prisoner of war in North Vietnam, the late Vice Admiral James B. Stockdale has said: "In that atmosphere of death and hopelessness, stripped of the niceties, the amenities of civilization, my ideas on life and leadership crystallized." Despite torture, intimidation, and isolation, Stockdale fulfilled his duties as senior officer among the prisoners with intelligence and courage, defining rules of conduct and maintaining morale. He often described the intense pressures of that situation as a "melting" experience, in which preconceived feelings, fears, and bias melt as one comes to realize that, under the gun, you must grow or fail—or, in some cases, grow or die. This collection of his essays and speeches from the 1980s and 1990s reinforces how that experience formed a lifelong basis for his philosophical thought on issues of character, leadership, integrity, personal and public virtue, and ethics. The selections in this volume all reflect, in one way or another, a central theme: how man can rise with dignity to prevail in the face of adversity.

Thoughts of a Philosophical Fighter Pilot

Thoughts on issues of character, leadership, integrity, personal and public virtue, and ethics, the selections in this volume converge around the central theme of how man can rise with dignity to prevail in the face of adversity--lessons just as valid for the challenges of present-day life as they were for the author's Vietnam experience.

Courage Under Fire

Testing Epictetus's Doctrines in a Laboratory of Human Behavior *Hoover Press*

When physical disability from combat wounds brought about Jim Stockdale's early retirement from military life, he had the distinction of being the only three-star officer in the history of the navy to wear both aviator wings and the Congressional Medal of Honor. His writings have been many and varied, but all converge on the central theme of how man can rise with dignity to prevail in the face of adversity.

In Love and War

The Story of a Family's Ordeal and Sacrifice During the Vietnam Years

A former Vietnam War POW and his wife recount their life together and their separate agonies during his imprisonment

Stoic Warriors

The Ancient Philosophy behind the Military Mind *Oxford University Press*

Stoic Warriors explores the relationship between soldiers and Stoic philosophy, exploring what Stoicism actually is, the role it plays in the character of the military (both ancient and modern), and its powerful value as a philosophy of life. Marshalling anecdotes from military history--ranging from ancient Greek wars to World War II, Vietnam, and Iraq--Sherman illuminates the military mind and uses it as a window on the virtues of the Stoic philosophy. Indeed this is a perceptive investigation of what makes Stoicism so compelling not only as a guiding principle for the military, but as a philosophy for anyone facing the hardships of life.

A Vietnam Experience

Ten Years of Reflection *Hoover Press*

The decade that followed James Stockdale's seven and a half years in a North Vietnamese prison saw his life take a number of different turns, from a stay in a navy hospital in San Diego to president of a civilian college to his appointment as a senior research fellow at the Hoover Institution. In this collection of essays he offers his thoughts on his imprisonment. Describing the horrors of his treatment as a prisoner of war, Stockdale tells how he discovered firsthand the capabilities and limitations of the human spirit in such a situation. As the senior officer in confinement he had what he humbly describes as "the easiest leadership job in the world: to maintain the organization, resistance, and spirit of ten of the finest men I have ever known." His reflections on his wartime prison experience and the reasons for his survival form the basis of the writings reprinted here. In subject matter ranging from methods of communication in prison to military ethics to the principles of leadership, the thirty-four selections contained in this volume are a unique record of what Stockdale calls a "melting experience"—a pressure-packed existence that forces one to grow. Retired Vice Admiral James B. Stockdale, a Hoover Institution fellow from 1981 to 1996, was Ross Perot's 1992 presidential running mate and a recipient of the Medal of Honor after enduring seven and a half years as a prisoner of war in North Vietnam. He died in 2005 at the age of 81.

Lessons from the Hanoi Hilton

Six Characteristics of High Performance Teams *Naval Institute Press*

Why were the American POWs imprisoned at the “Hanoi Hilton” so resilient in captivity and so successful in their subsequent careers? This book presents six principles practiced within the POW organizational culture that can be used to develop high-performance teams everywhere. The authors offer examples from both the POWs’ time in captivity and their later professional lives that identify, in real-life situations, the characteristics necessary for sustainable, high-performance teamwork. The book takes readers inside the mind of James Stockdale, a fighter pilot with a degree in philosophy, who was the senior ranking officer at the Hanoi prison. The theories Stockdale practiced become readily understandable in this book. Drawing parallels between Stockdale’s guiding philosophies from the Stoic Epictetus and the principles of modern sports psychology, Peter Fretwell and Taylor Baldwin Kiland show readers how to apply these principles to their own organizations and create a culture with staying power. Originally intending their book to focus on Stockdale’s leadership style, the authors found that his approach toward completing a mission was to assure that it could be accomplished without him. Stockdale, they explain, had created a mission-centric organization, not a leader-centric organization. He had understood that a truly sustainable culture must not be dependent on a single individual. At one level, this book is a business school case study. It is also an examination of how leadership and organizational principles employed in the crucible of a Hanoi prison align with today’s sports psychology and modern psychological theories and therapies, as well as the training principles used by Olympic athletes and Navy SEALs. Any group willing to apply these principles can move their mission forward and create a culture with staying power—one that outlives individual members.

A Vietnam Experience

Ten Years of Reflection

The Congressional Medal of Honor was awarded to Admiral Stockdale, who spent seven and a half years in a Hanoi prison. He survived because of his character and his values.

Superheroes and Philosophy

Truth, Justice, and the Socratic Way *Open Court Publishing*

A thought-provoking collection of essays explores the philosophical side of the comic book world, collecting the contributions of sixteen philosophers on a variety of subjects, including evil, justice, metaphysics, and the limits of violence. Original.

Lives of the Stoics

The Art of Living from Zeno to Marcus Aurelius *Penguin*

Instant New York Times Advice & Business Bestseller, USA Today Bestseller, and Wall Street Journal #1 Bestseller! A New York Times Noteworthy Pick and a "stellar work" by Publishers Weekly From the bestselling authors of The Daily Stoic comes an inspiring guide to the lives of the Stoics, and what the ancients can teach us about happiness, success, resilience and virtue. Nearly 2,300 years after a ruined merchant named Zeno first established a school on the Stoa Poikile of Athens, Stoicism has found a new audience among those who seek greatness, from athletes to politicians and everyone in between. It's no wonder; the philosophy and its embrace of self-mastery, virtue, and indifference to that which we cannot control is as urgent today as it was in the chaos of the Roman Empire. In Lives of the Stoics, Holiday and Hanselman present the fascinating lives of the men and women who strove to live by the timeless Stoic virtues of Courage. Justice. Temperance. Wisdom. Organized in digestible, mini-biographies of all the well-known--and not so well-known--Stoics, this book vividly brings home what Stoicism was like for the people who loved it and lived it, dusting off powerful lessons to be learned from their struggles and successes. More than a mere history book, every example in these pages, from Epictetus to Marcus Aurelius--slaves to emperors--is designed to help the reader apply philosophy in their own lives. Holiday and Hanselman unveil the core values and ideas that unite figures from Seneca to Cato to Cicero across the centuries. Among them are the idea that self-rule is the greatest empire, that character is fate; how Stoics benefit from preparing not only for success, but failure; and learn to love, not merely accept, the hand they are dealt in life. A treasure of valuable insights and stories, this book can be visited again and again by any reader in search of inspiration from the past.

Marine Maxims

Turning Leadership Principles into Practice *Naval Institute Press*

Marine Maxims is a collection of fifty principle-based leadership lessons that Thomas J. Gordon acquired commanding Marines over a career spanning three decades of service. Dealing with the complexities and challenges of the contemporary operating environment requires an internal moral compass fixed true. These maxims focus on developing inner citadels of character, moral courage, and the resilience to persevere in a contested domain where information is key. Its purpose is to provide future leaders with a professional development plan that will steel their resolve and enable them to lead with honor. Thematically, these maxims build upon a foundation of character, courage, and will. To be effective, a leader must model and inspire the will to persevere in the face of danger or adversity. The essence of effective leadership is credibility. A leader's credibility is derived from a congruence of competence and character. Exceptional leaders are not remembered for what they accomplished, but how they did it. Those that lead with integrity will be remembered as a leader worth following.

The Daily Stoic

366 Meditations on Wisdom, Perseverance, and the Art of Living *Penguin*

From the team that brought you The Obstacle Is the Way and Ego Is the Enemy, a beautiful daily devotional of Stoic meditations—an instant Wall Street Journal and USA Today Bestseller. Why have history's greatest minds—from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. The Daily Stoic offers 366 days of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes, provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well.

The Last Fighter Pilot

The True Story of the Final Combat Mission of World War II *Simon and Schuster*

A NATIONAL BESTSELLER! The New York Post calls The Last Fighter Pilot a "must-read" book. From April to August of 1945, Captain Jerry Yellin and a small group of fellow fighter pilots flew dangerous bombing and strafe missions out of Iwo Jima over Japan. Even days after America dropped the atomic bombs on Hiroshima on August 6 and Nagasaki on August 9, the pilots continued to fly. Though Japan had suffered unimaginable devastation, the emperor still refused to surrender. Bestselling author Don Brown (Treason) sits down with Yellin, now ninety-three years old, to tell the incredible true story of the final combat mission of World War II. Nine days after Hiroshima, on the morning of August 14th, Yellin and his wingman 1st Lieutenant Phillip Schlamborg took off from Iwo Jima to bomb Tokyo. By the time Yellin returned to Iwo Jima, the war was officially over—but his young friend Schlamborg would never get to hear the news. The Last Fighter Pilot is a harrowing first-person account of war from one of America's last living World War II veterans.

Metaphilosophy *Verso Books*

Leading French thinker with his key work on philosophical thought In Metaphilosophy, Henri Lefebvre works through the implications of Marx's revolutionary thought to consider philosophy's engagement with the world. Lefebvre takes Marx's notion of the "world becoming philosophical and philosophy becoming worldly" as a leitmotif, examining the relation between Hegelian-Marxist supersession and Nietzschean overcoming. Metaphilosophy is conceived of as a transformation of philosophy, developing it into a programme of radical worldwide change. The book demonstrates Lefebvre's threefold debt to Hegel, Marx and Nietzsche, but it also brings a number of other figures into the conversation, including Sartre, Heidegger and Axelos. A key text in Lefebvre's oeuvre, Metaphilosophy is also a milestone in contemporary thinking about philosophy's

relation to the world.

Lessons in Stoicism

What Ancient Philosophers Teach Us about How to Live *Penguin UK*

How can Stoicism inspire us to lead more enjoyable lives? In the past few years, Stoicism has been making a comeback. But what exactly did the Stoics believe? In Lessons in Stoicism, philosopher John Sellars weaves together the key ideas of the three great Roman Stoics -- Seneca, Epictetus and Marcus Aurelius -- with snapshots of their fascinating lives, to show us how their ideas can help us today. In vivid prose, Sellars shows how the works of these three Stoics have inspired readers ever since, speaking as they do to some of the perennial issues that face anyone trying to navigate their way through life. Their works, fundamentally, are about how to live -- how to understand one's place in the world, how to cope when things don't go well, how to manage one's emotions and how to behave towards others. Consoling and inspiring, Lessons in Stoicism is a deeply thoughtful guide to the philosophy of a good life.

On Bullshit *Princeton University Press*

A #1 NEW YORK TIMES BESTSELLER One of the most salient features of our culture is that there is so much bullshit. Everyone knows this. Each of us contributes his share. But we tend to take the situation for granted. Most people are rather confident of their ability to recognize bullshit and to avoid being taken in by it. So the phenomenon has not aroused much deliberate concern. We have no clear understanding of what bullshit is, why there is so much of it, or what functions it serves. And we lack a conscientiously developed appreciation of what it means to us. In other words, as Harry Frankfurt writes, "we have no theory." Frankfurt, one of the world's most influential moral philosophers, attempts to build such a theory here. With his characteristic combination of philosophical acuity, psychological insight, and wry humor, Frankfurt proceeds by exploring how bullshit and the related concept of humbug are distinct from lying. He argues that bullshitters misrepresent themselves to their audience not as liars do, that is, by deliberately making false claims about what is true. In fact, bullshit need not be untrue at all. Rather, bullshitters seek to convey a certain impression of themselves without being concerned about whether anything at all is true. They quietly change the rules governing their end of the conversation so that claims about truth and falsity are irrelevant. Frankfurt concludes that although bullshit can take many innocent forms, excessive indulgence in it can eventually undermine the practitioner's capacity to tell the truth in a way that lying does not. Liars at least acknowledge that it matters what is true. By virtue of this, Frankfurt writes, bullshit is a greater enemy of the truth than lies are.

The Story of Ferdinand

Ferdinand likes to sit quietly and smell the flowers, but one day he gets stung by a bee and his snorting and stomping convince everyone that he is the fiercest of bulls.

The Socrates Express

In Search of Life Lessons from Dead Philosophers *Simon and Schuster*

The New York Times bestselling author of The Geography of Bliss embarks on a rollicking intellectual journey, following in the footsteps of history's greatest thinkers and showing us how each—from Epicurus to Gandhi, Thoreau to Beauvoir—offers practical and spiritual lessons for today's unsettled times. We turn to philosophy for the same reasons we travel: to see the world from a different perspective, to unearth hidden beauty, and to find new ways of being. We want to learn how to embrace wonder. Face regrets. Sustain hope. Eric Weiner combines his twin passions for philosophy and travel in a globe-trotting pilgrimage that uncovers surprising life lessons from great thinkers around the world, from Rousseau to Nietzsche, Confucius to Simone Weil. Traveling by train (the most thoughtful mode of transport), he journeys thousands of miles, making stops in Athens, Delhi, Wyoming, Coney Island, Frankfurt, and points in between to reconnect with philosophy's original purpose: teaching us how to lead wiser, more meaningful lives. From Socrates and ancient Athens to Beauvoir and 20th-century Paris, Weiner's chosen philosophers and places provide important practical and spiritual lessons as we navigate today's chaotic times. In a "delightful" odyssey that "will take you places intellectually and humorously" (San Francisco Book Review), Weiner invites us to voyage alongside him on his life-changing pursuit of wisdom and discovery as he attempts to find answers to our most vital questions. The Socrates Express is "full of valuable lessons...a fun, sharp book that draws readers in with its apparent simplicity and bubble-gum philosophy approach and gradually pulls them in deeper and deeper" (NPR).

The Discourses of Epictetus *Phoemixx Classics Ebooks*

The Discourses of Epictetus Epictetus - The books did not have a formal title in ancient times. Although Simplicius called them Diatribai other writers gave them titles such as Dialexis , and Homiliai . The modern name comes from the titles given in the earliest medieval manuscript: "Arrian's Diatribai of Epictetus" . The Greek word Diatribai literally means "informal talks".As to the date, it is generally agreed that the Discourses were composed sometime in the years around 108 AD. Epictetus himself refers to the coins of Trajan, which shows he was teaching during that reign. Arrian was suffect consul in around 130, and since forty-two was the standard age for that position, he would have been at the right age of around twenty in 108. Furthermore the "commissioner" of the "free cities" to whom Discourse iii. 7 is addressed is thought to be the same man Pliny the Younger addresses his Letter viii. 24a letter which has been dated to around 108.

Love and Other Thought Experiments *Vintage*

This impressive debut novel, longlisted for the 2020 Booker Prize, takes its premise and inspiration from ten of the best-known thought experiments

in philosophy—the what-ifs of philosophical investigation—and uses them to talk about love in a wholly unique way. Married couple Rachel and Eliza are considering having a child. Rachel wants one desperately, and Eliza thinks she does, too, but she can't quite seem to wrap her head around the idea. When Rachel wakes up screaming one night and tells Eliza that an ant has crawled into her eye and is stuck there, Eliza initially sees it as a cry for attention. But Rachel is adamant. She knows it sounds crazy—but she also knows it's true. As a scientist, Eliza is skeptical. Suddenly their entire relationship is called into question. What follows is a uniquely imaginative sequence of ten interconnecting episodes—each from a different character's perspective—inspired by some of the best-known thought experiments in philosophy. Together they form a sparkling philosophical tale of love lost and found across the universe.

Posthuman Bliss?

The Failed Promise of Transhumanism *Oxford University Press*
A tightly argued and expansive examination of the pitfalls of transhumanism that acquaints us with what it means to live well. Advocates of transhumanism, or "radical" enhancement, urge us to pursue the biotechnological heightening of select capacities - above all, cognitive ability - so far beyond any human limit that the beings with those capacities would exist on a higher ontological plane. For proponents of such views, humanity's self-transcendence through advancements in science and technology may even be morally required. Consequently, the human stakes of how we respond to transhumanism are immeasurably high. In Posthuman Bliss? The Failed Promise of Transhumanism, Susan B. Levin challenges transhumanists' overarching commitments regarding the mind and brain, ethics, liberal democracy, knowledge, and reality, showing their notion of humanity's self-transcendence into "posthumanity" to be little more than fantasy. Uniting philosophical with scientific arguments, Levin mounts a significant challenge to transhumanists' claim that science and technology support their vision of posthumanity. In a clear and engaging style, she dismantles transhumanists' breezy assurances that posthumans will emerge if we but allocate sufficient resources to that end. Far from offering theoretical and practical "proof of concept" for the vision that they urge upon us, Levin argues, transhumanists engage inadequately with cognitive psychology, biology, and neuroscience, often relying on questionable or outdated views within those fields. Having shown in depth why transhumanism should be rejected, Levin argues forcefully for a holistic perspective on living well that is rooted in Aristotle's virtue ethics but that is adapted to liberal democracy. This holism is thoroughly human, in the best of senses: It directs us to consider worthy ends for us as human beings and to do the irreplaceable work of understanding ourselves rather than relying on technology and science to be our salvation.

Why We Fight

One Man's Search for Meaning Inside the Ring *HarperCollins*
Shortlisted for the William Saroyan International Prize for Writing A physical and philosophical mediation on why we are drawn to fight each other for sport, what happens to our bodies and brains when we do, and what it all means Anyone with guts or madness in him can get hit by someone who knows how; it takes a different kind of madness, a more persistent kind, to stick around long enough to be one of the people who does the knowing. Josh Rosenblatt was thirty-three years old when he first realized he wanted to fight. A lifelong pacifist with a philosopher’s hatred of violence and a dandy’s aversion to exercise, he drank to excess, smoked passionately, ate indifferently, and mocked physical activity that didn’t involve nudity. But deep down inside there was always some part of him that was attracted to the idea of fighting. So, after studying Muay Thai, Krav Maga, Brazilian jiu-jitsu, and boxing, he decided, at age forty, that it was finally time to fight his first—and only—mixed martial arts match: all in the name of experience and transcending ancient fears. An insightful and moving rumination on the nature of fighting, Why We Fight takes us on his journey from the bleachers to the ring. Using his own training as an opportunity to understand how the sport illuminates basic human impulses, Rosenblatt weaves together cultural history, criticism, biology, and anthropology to understand what happens to the human body and mind when under attack, and to explore why he, a self-described “cowardly boy from the suburbs,” discovered so much meaning in putting his body, and others’, at risk. From the psychology of fear to the physiology of pain, from Ukrainian shtetls to Brooklyn boxing gyms, from Lord Byron to George Plimpton, Why We Fight is a fierce inquiry into the abiding appeal of our most conflicted and controversial fixation, interwoven with a firsthand account of what happens when a mild-mannered intellectual decides to step into the ring for his first real showdown.

Seven Games: A Human History *W. W. Norton & Company*
A group biography of seven enduring and beloved games, and the story of why—and how—we play them. Checkers, backgammon, chess, and Go. Poker, Scrabble, and bridge. These seven games, ancient and modern, fascinate millions of people worldwide. In Seven Games, Oliver Roeder charts their origins and historical importance, the delightful arcana of their rules, and the ways their design makes them pleasurable. Roeder introduces thrilling competitors, such as evangelical minister Marion Tinsley, who across forty years lost only three games of checkers; Shusai, the Master, the last Go champion of imperial Japan, defending tradition against “modern rationalism”; and an IBM engineer who created a backgammon program so capable at self-learning that NASA used it on the space shuttle. He delves into the history and lore of each game: backgammon boards in ancient Egypt, the Indian origins of chess, how certain shells from a particular beach in Japan make the finest white Go stones. Beyond the cultural and personal stories, Roeder explores why games, seemingly trivial pastimes, speak so deeply to the human soul. He introduces an early philosopher of games, the aptly named Bernard Suits, and visits an Oxford cosmologist who has perfected a computer that can effectively play bridge, a game as complicated as human language itself. Throughout, Roeder tells the compelling story of how humans, pursuing scientific glory and competitive advantage, have invented AI programs better than any human player, and what that means for the games—and for us. Funny, fascinating, and profound, Seven Games is a story of obsession, psychology, history, and how play makes us human.

Thoughts of a Philosophical Fighter Pilot *Hoover Press*
Thoughts on issues of character, leadership, integrity, personal and public virtue, and ethics, the selections in this volume converge around the central theme of how man can rise with dignity to prevail in the face of adversity—lessons just as valid for the challenges of present-day life as they were for the author's Vietnam experience.

Stephen A. Swails

Black Freedom Fighter in the Civil War and Reconstruction *LSU Press*
Stephen Atkins Swails is a forgotten American hero. A free Black in the North before the Civil War began, Swails exhibited such exemplary service in the 54th Massachusetts Infantry that he became the first African American commissioned as a combat officer in the United States military. After the war, Swails remained in South Carolina, where he held important positions in the Freedmen’s Bureau, helped draft a progressive state constitution, served in the state senate, and secured legislation benefiting newly liberated Black citizens. Swails remained active in South Carolina politics after Reconstruction until violent Redeemers drove him from the state. After Swails died in 1900, state and local leaders erased him from the historical narrative. Gordon C. Rhea’s biography, one of only a handful for any of the nearly 200,000 African Americans who fought in the Civil War or figured prominently in Reconstruction, restores Swails’s remarkable legacy. Swails's life story is a saga of an indomitable human being who confronted deep-seated racial prejudice in various institutions but nevertheless reached significant milestones in the fight for racial equality, especially within the military. His is an inspiring story that is especially timely today.

MEDITATIONS BEYOND BOOKS *HUB*
MEDITATIONS Few ancient works have been as influential as the Meditations of Marcus Aurelius, philosopher and emperor of Rome (A.D. 161–180). A series of spiritual exercises filled with wisdom, practical guidance, and a profound understanding of human behavior, it remains one of the greatest works of spiritual and ethical reflection ever written. Marcus’s insights and advice—on everything from living in the world to coping with adversity and interacting with others—have made the Meditations required reading for statesmen and philosophers alike, while generations of ordinary readers have responded to the straightforward intimacy of his style. For anyone who struggles to reconcile the demands of leadership with a concern for personal integrity and spiritual well-being, the Meditations remains as relevant now as it was two thousand years ago. MEDITATIONS In Gregory Hays's new translation—the first in thirty-five years—Marcus's thoughts speak with a new immediacy. In fresh and unencumbered English, Hays vividly conveys the spareness and compression of the original Greek text. Never before have Marcus’s insights been so directly and powerfully presented. MEDITATIONS With an Introduction that outlines Marcus’s life and career, the essentials of Stoic doctrine, the style and construction of the Meditations, and the work’s ongoing influence, this edition makes it possible to fully rediscover the thoughts of one of the most enlightened and intelligent leaders of any era. MEDITATIONS Written in Greek by the only Roman emperor who was also a philosopher, without any intention of publication, the Meditations of Marcus Aurelius offer a remarkable series of challenging spiritual reflections and exercises developed as the emperor struggled to understand himself and make sense of the universe. While the Meditations were composed to provide personal consolation and encouragement, Marcus Aurelius also created one of the greatest of all works of philosophy: a timeless collection that has been consulted and admired by statesmen, thinkers, and readers throughout the centuries. MEDITATIONS

The Art of War *Diamond Pocket Books Pvt Ltd*
The Art of War is an enduring classic that holds a special place in the culture and history of East Asia. An ancient Chinese text on the philosophy and politics of warfare and military strategy, the treatise was written in 6th century B.C. by a warrior-philosopher now famous all over the world as Sun Tzu. Sun Tzu's teachings remain as relevant to leaders and strategists today as they were to rulers and military generals in ancient times. Divided into thirteen chapters and written succinctly, The Art of War is a must-read for anybody who works in a competitive environment.

Old School Jiu-Jitsu Manifesto
This book is for those who still follow the old school jiujitsu way. Its purpose is to give a voice to the original fighting art of jiujitsu and differentiate it from modern sport jiujitsu. It's a manifesto - a statement of principles. Rather than an argument to convince or convert, this book explains plainly what many refuse to acknowledge. Jiujitsu is no longer a unified system. Increasing differences between traditional self-defense jiujitsu and sport jiujitsu dwarf any similarities left between the two such that they are now completely different styles. Despite the name, old school jiujitsu represents a mindset and method rather than a time period. It continues in the tradition of its Japanese roots while following the original intentions of its Brazilian founders. Old school jiujitsu also draws upon the ideas and experiences of the pioneers who spread the art around the world. It honors those in modern times who continue the legacy of the original art just as it dismisses early attempts to steer it in the direction of common sport. The ideas in this book often run counter to modern mainstream thought about jiujitsu, and in true manifesto style, opinions will be polarized. Readers will likely either love or hate it. Agree with it completely, or laugh it off as the antiquated ramblings of a disgruntled oldster. Regardless, the spirit of the old school will never die - those who believe as I do will continue its legacy out of duty and love. Those dedicated to the old school way will hold the line in our own academies, with our own students, and on our own mats. We do so because it's our passion and our obligation, and no trend will ever divert us from our charge.The Old School is the Best School.

On the Warrior's Path, Second Edition

Philosophy, Fighting, and Martial Arts Mythology *North Atlantic Books*

The urge to forge one’s character by fighting, in daily life as well as on the mat, appeals to something deep within us. More than a collection of fighting techniques, martial arts constitute a path to developing body, spirit, and awareness. On the Warrior’s Path connects the martial arts with this larger perspective, merging subtle philosophies with no-holds-barred competition, Nietzsche with Bruce Lee, radical Taoism and Buddhism with the Star Wars Trilogy, traditional martial arts with basketball and American Indian culture. At the center of all these phenomena is the warrior. Though this archetype seems to manifest contradictory values, author Daniele Bolelli describes the heart of this tension: how the training of martial technique leads to a renunciation of violence, and how overcoming fear leads to a unique freedom. Aimed at students at any level or tradition of martial arts but also accessible to the armchair warrior, On the Warrior’s Path brings fresh insights to why martial arts remains an enduring and widespread art and discipline. Two new chapters in this second edition focus on spirituality in the martial arts and the author’s personal journey in the field. From the Trade Paperback edition.

The Warrior Within

The Philosophies of Bruce Lee *Chartwell Books*

Inspire and educate yourself with this comprehensive guide to the tactful and legendary ways of renowned martial arts master, Bruce Lee! During his lifetime, legendary martial artist Bruce Lee formulated a complex personal philosophy--a synthesis of Eastern and Western ideals--that extolled the virtues of knowledge and total mastery of one's self. However, most of his philosophical writings could be found only within the personal library of the Bruce Lee estate--until now. The Warrior Within is the most comprehensive volume of these teachings, meant to help you apply Lee's philosophies to your own life. This unique guide reveals such life-affirming secrets as: Seeing the totality of life and putting things into perspective Understanding the concept of Yin and Yang Defeating adversity by adapting to circumstances Tapping into inner spiritual forces to help shape the future With a foreword by his wife, Linda Lee Cadwell and photographs and other memorabilia from Bruce Lee's short but celebrated life, The Warrior Within is an engrossing and easy-to-understand guide to the little-explored world of Bruce Lee.

Theorizing Bruce Lee

Film-fantasy-fighting-philosophy *Rodopi*

"Bruce Lee is a complex and contradictory figure, and it's a formidable task to take on the multiple facets of his legacy—fighter, film star, philosopher, nationalist, multiculturalist, innovator. With an approach as multidisciplinary and iconoclastic as Lee's approach to martial arts, Bowman provides an original and exhilarating account of Lee as 'cultural event'. No one has done a better job of explaining why the martial arts 'legend' remains such an important and provocative figure."—Leon Hunt (Brunel University), author of Kung Fu Cult Masters: From Bruce Lee to Crouching Tiger. "Taking on Martin Heidegger and Slavoj Žižek as well as drawing on Jacques Derrida, Michel Foucault, Guy Debord, Jacques Rancière, Rey Chow, and Stuart Hall, among others, Bowman shows how Bruce Lee 'speaks' to the philosophical debates that frame our understanding of global popular culture today. Although Bowman may not be able to resolve the philosophical battles surrounding our ability to 'know' Bruce Lee, he does a remarkable job of articulating why Bruce Lee remains an essential force within not only world cinema but global culture — both 'high' and 'low.' Armoured with his philosophical nunchakus, Bowman goes to battle with anyone who may doubt Lee's ongoing importance, and this book will undoubtedly become essential reading for everyone (from philosopher to kung fu practitioner) interested in popular culture and Asian cinema."—Gina Marchetti (University of Hong Kong), author of Romance and the "Yellow Peril": Race, Sex and Discursive Strategies in Hollywood Fiction, and From Tian'anmen to Times Square: Transnational China and the Chinese Diaspora on Global Screens, 1989-1997. Theorizing Bruce Lee is a unique work, which uses cultural theory to analyse and assess Bruce Lee, and uses Bruce Lee to analyse and assess cultural theory. Lee is shown to be a major 'event' in both global film and global popular culture — a figure who is central to many intercultural encounters, texts, and practices. Many key elements of film and cultural theory are employed to theorize Bruce Lee, and Lee is shown to be a complex — and consequential — multimedia, multidisciplinary and multicultural phenomenon. Theorizing Bruce Lee is essential reading for anyone interested in Bruce Lee in popular culture and as an object of academic study.

Ethics for A-Level *Open Book Publishers*

What does pleasure have to do with morality? What role, if any, should intuition have in the formation of moral theory? If something is ‘simulated’, can it be immoral? This accessible and wide-ranging textbook explores these questions and many more. Key ideas in the fields of normative ethics, metaethics and applied ethics are explained rigorously and systematically, with a vivid writing style that enlivens the topics with energy and wit. Individual theories are discussed in detail in the first part of the book, before these positions are applied to a wide range of contemporary situations including business ethics, sexual ethics, and the acceptability of eating animals. A wealth of real-life examples, set out with depth and care, illuminate the complexities of different ethical approaches while conveying their modern-day relevance. This concise and highly engaging resource is tailored to the Ethics components of AQA Philosophy and OCR Religious Studies, with a clear and practical layout that includes end-of-chapter summaries, key terms, and common mistakes to avoid. It should also be of practical use for those teaching Philosophy as part of the International Baccalaureate. Ethics for A-Level is of particular value to students and teachers, but Fisher and Dimmock’s precise and scholarly approach will appeal to anyone seeking a rigorous and lively introduction to the challenging subject of ethics. Tailored to the Ethics components of AQA Philosophy and OCR Religious Studies.

My Hitch in Hell

The Bataan Death March, New Edition *U of Nebraska Press*

Captured by the Japanese after the fall of Bataan, Lester I. Tenney was one of the very few who would survive the legendary Death March and three and a half years in Japanese prison camps. With an understanding of human nature, a sense of humor, sharp thinking, and fierce determination, Tenney endured the rest of the war as a slave laborer in Japanese prison camps. My Hitch in Hell is an inspiring survivor's epic about the triumph of human will despite unimaginable suffering. This edition features a new introduction and epilogue by the author.

Stoicism and the Statehouse

An Old Philosophy Serving a New Idea *Wythe-North Publishing*

Over the span of two thousand years, the Stoic philosophy has helped men and women overcome adversity from the highest positions of power to the darkest corners of prison. In Stoicism and the Statehouse, State Representative Pat McGeehan draws upon the classics to make the case for this durable method of reasoning to effectively advance political freedom. Designed for the liberty-oriented statesman, the moral traditions of this mental discipline are used to offer advice on how elected leaders should ethically conduct themselves underneath any capitol dome. Included is a fresh look at ancient Rome's greatest senator, Cato the Younger--a riveting biography that history fans will appreciate. The crisp explanation of Stoicism will also pique the interest of readers who enjoy early Greek and Roman thought. Although the author proposes a recipe to reform the politician, anyone facing personal struggles can benefit from the principles described in this book. Pat McGeehan is a three-term state representative in the West Virginia Legislature. A graduate of the US Air Force Academy, he is the author of Printing Our Way to Poverty: The Consequences of American Inflation, as well as co-author of The Liberty Essays: Restoring a Lost American Principle. Pat resides with his daughter Kennedy in Chester, West Virginia.

The Philosopher Queens

The lives and legacies of philosophy's unsung women *Unbound Publishing*

Where are the women philosophers? The answer is right here. The history of philosophy has not done women justice: you’ve probably heard the names Plato, Kant, Nietzsche and Locke – but what about Hypatia, Arendt, Oluwole and Young? The Philosopher Queens is a long-awaited book about the lives and works of women in philosophy by women in philosophy. This collection brings to centre stage twenty prominent women whose ideas have had a profound – but for the most part uncredited – impact on the world. You’ll learn about Ban Zhao, the first woman historian in ancient Chinese history; Angela Davis, perhaps the most iconic symbol of the American Black Power Movement; Azizah Y. al-Hibri, known for examining the intersection of Islamic law and gender equality; and many more. For anyone who has wondered where the women philosophers are, or anyone curious about the history of ideas – it's time to meet the philosopher queens.

The Book of Five Rings (Annotated)

The Book of Five Rings is a text on kenjutsu and the martial arts in general, written by the Japanese swordsman Miyamoto Musashi around 1643. Written over three centuries ago by a Samurai warrior, the book has been hailed as a limitless source of psychological insight for businessmen- or anyone who relies on strategy and tactics for outwitting the competition.

Thrown

If God Were a Human Rights Activist *Stanford University Press*

We live in a time when the most appalling social injustices and unjust human sufferings no longer seem to generate the moral indignation and the political will needed both to combat them effectively and to create a more just and fair society. If God Were a Human Rights Activist aims to strengthen the organization and the determination of all those who have not given up the struggle for a better society, and specifically those that have done so under the banner of human rights. It discusses the challenges to human rights arising from religious movements and political theologies that claim the presence of religion in the public sphere. Increasingly globalized, such movements and the theologies sustaining them promote discourses of human dignity that rival, and often contradict, the one underlying secular human rights. Conventional or hegemonic human rights thinking lacks the necessary theoretical and analytical tools to position itself in relation to such movements and theologies; even worse, it does not understand the importance of doing so. It applies the same abstract recipe across the board, hoping that thereby the nature of alternative discourses and ideologies will be reduced to local specificities with no impact on the universal canon of human rights. As this strategy proves increasingly lacking, this book aims to demonstrate that only a counter-hegemonic conception of human rights can adequately face such challenges.

The Virtues of Captain America

Modern-Day Lessons on Character from a World War II Superhero *John Wiley & Sons*

The first look at the philosophy behind the CaptainAmerica comics and movies, publishing in advance of themovie release of Captain America: The WinterSolider in April 2014. In The Virtues of Captain America, philosopher andlong-time comics fan Mark D. White argues that the core principles,compassion, and judgment exhibited by the 1940’s comic bookcharacter Captain America remain relevant to the modern world.Simply put, "Cap" embodies many of the classical virtues that havebeen important to us since the days of the ancient Greeks: honesty,courage, loyalty, perseverance, and, perhaps most importantly,honor. Full of entertaining examples from more than 50 years ofcomic books, White offers some serious philosophical discussions ofeveryone’s favorite patriot in a light-hearted and accessibleway. Presents serious arguments on the virtues of Captain Americawhile being written in a light-hearted and often humorous tone Introduces basic concepts in moral and political philosophy tothe general

reader Utilizes examples from 50 years of comics featuring CaptainAmerica, the Avengers, and other Marvel superheroes Affirms the value of "old-fashioned" virtues for the modernworld without indulging in nostalgia for times long passed Reveals the importance of the sound principles that America wasfounded upon Publishing in advance of Captain America: The WinterSoldier out in April 2014.

The Philosophy of Fighting

Morals and Motivations of the Modern Warrior *Black Belt Communications Incorporated*

The first printed collection of the popular "Way of the Warrior" columns from Black Belt magazine, this anthology contains a diverse selection of articles on traditional martial arts, modern combat, and the mentality and inspirations of a fighter. These essays offer a unique perspective on the evolution of thought on martial arts, as well as a chronological view of the trends and traditions associated with the different disciplines. With attention to the history, psychology, and lifestyles of the arts, this compilation gives insight into the spiritual and esoteric, as well as the prosaic aspects of this very diverse culture.