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Daily Spending Journal

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How to Keep a Spending Journal | Quicken

A daily spending diary, put simply, is a journal where you record how you spent your money for each day of the week. For every transaction, note down the date, the amount spent, and on what.

What Is a Daily Spending Diary? | Study.com

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Why do I need a spending journal - The Art of Frugal Living

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Tracking Expenses in a Daily Spending Diary | Study.com

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10 Brilliant Budget Trackers for your Bullet Journal

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The Spending Diary is set out from Monday to Sunday, as Monday is usually seen as the first day of the week. You can of course start on any day you wish - just remember to start a new diary on the same day each week. Write down all figures for all spending, no matter how small.

Weekly Spending Diary - MABS

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