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The use of "this" tells us that this is a very specific time Duffy is referring to, possibly "The day" from her mother's phrase. The journey seems to be taking forever.

Stanza two - The Way My Mother Speaks - Higher English ...

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The soldiers liked Mary so much that they called her 'Mother Seacole'. Mary loved to travel. When she was a teenager, she took two trips to England. That's a long journey - over 7000 km!

Who was Mary Seacole? - BBC Bitesize

Only tonight/ I am happy and sad. This stanza begins with "Only tonight" which

asserts that this transition, this journey is a singular experience. She expresses contradictory, uncertain emotions ...

Stanza three - The Way My Mother Speaks - Higher English ...

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