
Aa Came To Believe

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Came to Believe

Finding our own spirituality in Alcoholics Anonymous A. A. *World Services, Inc.*

Gathered in this booklet are the heartfelt stories of more than 75 A.A. members from around the world who share what the phrases "Higher Power" and "God as we understood Him" mean to them. The title — the first three words in the second of A.A.'s Twelve Steps — hints at the book's theme: that recovery in Alcoholics Anonymous is not a destination, but a spiritual journey that takes place over time, while living "life on life's terms." Sometimes humorous, sometimes poignant, but always honest, the stories in *Came to Believe* present a wide range of perspectives on what spirituality can look like in the context of Alcoholics Anonymous, demonstrating how the A.A. program is best described as "spiritual but not religious." The rich diversity of voices we hear reflect the infinite number of paths available to those seeking freedom from alcohol. From newcomers just finding their way to longtimers seeking new perspectives, A.A. members of all kinds may find in *Came To Believe* added insight and inspiration to breathe enrich their recovery journey. *Came to Believe* has been approved by the General Service Conference.

Came to Believe Trade Edition AA World Services

Over 75 A.A. members from all over the world describe the wide diversity of convictions implied in "God as we understood Him." *Came to Believe* - the spiritual adventure of A.A. as experienced by individual members. Over 75 A.A. members from all over the world describe the wide diversity of convictions implied in "God as we understood Him." Especially helpful to those who confuse "spiritual" with "religious."

American Protestantism in the Age of Psychology

Cambridge University Press

Many have worried that the ubiquitous practice of psychology and psychotherapy in America has corrupted religious faith, eroded civic virtue and weakened community life. But an examination of the history of three major psycho-spiritual movements since World War II - Alcoholics Anonymous, The Salvation Army's outreach to homeless men, and the 'clinical pastoral education' movement - reveals the opposite. These groups developed a practical religious psychology that nurtured faith, fellowship and personal responsibility. They achieved this by including religious traditions and spiritual activities in their definition of therapy and by putting clergy and lay believers to work as therapists. Under such care, spiritual and emotional

growth reinforced each other. Thanks to these innovations, the three movements succeeded in reaching millions of socially alienated and religiously disenchanted Americans. They demonstrated that religion and psychology, although antithetical in some eyes, could be blended effectively to foster community, individual responsibility and happier lives.

Alcoholics Anonymous

The Story of How More Than One Hundred Men Have Recovered from Alcoholism

Came to Believe

The Spiritual Adventure of A.A.as Experienced by Individual Members

Twelve Steps and Twelve Traditions Trade Edition

Alcoholics Anonymous World Services

Twelve Steps to recovery.

Daily Reflections

A Book of Reflections by A.A. Members for A.A. Members

This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A. Conference-approved literature, such as *Alcoholics Anonymous*, *Twelve Steps and Twelve Traditions*, *As Bill Sees It* and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. *Daily Reflections* has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

Emotional Sobriety

The Next Frontier : Selected Stories from the AA Grapevine

AA Grapevine Incorporated

Came to Believe;the Spiritual Adventure of A.A.

Alcoholics Anonymous Comes of Age

A brief history of a unique movement

A. A. World Services, Inc.

A.A. co-founder Bill W. tells the story of the growth of Alcoholics Anonymous from its make-or-break beginnings in New York and Akron in the early 1930s to its spread across the country and overseas in the years that followed. A wealth of personal accounts and anecdotes portray the dramatic power of the A.A. Twelve Step program of recovery — unique not only in its approach to treating alcoholism but also in its spiritual impact and social influence. Bill recounts the evolution of the Twelve Steps, the Twelve Traditions and the Twelve Concepts for World Service — those principles and practices that protect A.A.s Three Legacies of Recovery, Unity and Service — and how in 1955 the responsibility for these were passed on by the founding members to the Fellowship (A.A.'s membership at large). In closing

chapters of Alcoholics Anonymous Comes of Age, early "friends of A.A.," including the influential Dr. Silkworth and Father Ed Dowling, share their perspectives. Includes 16 pages of archival photographs. For those interested in the history of A.A. and how it has withstood the test of time, Alcoholics Anonymous Comes of Age offers on the growth of this ground-breaking movement. Alcoholics Anonymous Comes of Age has been approved by the General Service Conference.

Alcoholics Anonymous Comes of Age,

Came to Believe Trade Edition *AA World Services*

In this book, over 75 AA members from all over the world describe the wide diversity of convictions implied in "God as we understood Him." Came to Believe - the spiritual adventure of A.A. as experienced by individual members. Over 75 A.A. members from all over the world describe the wide diversity of convictions implied in "God as we understood Him." Especially helpful to those who confuse "spiritual" with "religious."

As Bill Sees it

The A.A. Way of Life (selected Writings of A.A.'s Co-founder)

A. A. in Prison

Inmate to Inmate

The personal stories of prison inmates who are recovering alcoholics.

Alcoholics Anonymous

The Original 1939 Edition *Courier Corporation*

Alcoholics Anonymous was founded in 1935 by Bill Wilson and Dr. Bob Smith, who developed the organization's 12-step program. In 1939, they published this volume, which sets forth the cornerstone concepts of recovery and relates stories of those who have overcome alcoholism. A lifeline to millions worldwide, it is the most widely used resource for recovering alcoholics.

Dr. Bob and the Good Oldtimers

A Biography, with Recollections of Early A.A. in the Midwest *Alcoholics Anonymous World Serv Incorporated*

A biography, with recollections of early A.A. in the Midwest.

Step 11 AA

Partnership With a Higher Power *Simon and Schuster*

Doing things our way got us into trouble. Now it is time to develop a relationship with our Higher Power in order to carry out God's will for us. This pamphlet explains the many benefits to us.

The Language of the Heart

Bill W.'s Grapevine Writings *AA Grapevine*

Language of the Heart contains all of AA cofounder Bill W.'s Grapevine, including a vivid description of how he came to organize the Steps.

Ask a Manager

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work *Ballantine Books*

From the creator of the popular website Ask a Manager and New York's work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There's a reason Alison Green has been called "the Dear Abby of the work world." Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don't know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You'll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit "reply all" • you're being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate's loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager "A must-read for anyone who works . . . [Alison Green's] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work."—Booklist (starred review) "The author's friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers' lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience."—Library Journal (starred review) "I am a huge fan of Alison Green's Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor."—Robert Sutton, Stanford professor and author of *The No Asshole Rule* and *The Asshole Survival Guide* "Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way."—Erin Lowry, author of *Broke Millennial: Stop Scraping By and Get Your Financial Life Together*

City of Blades

A Novel *Del Rey*

A triumphant return to the world of City of Stairs. A generation ago, the city of Voortyashtan was the stronghold of the god of war and death, the birthplace of fearsome supernatural sentinels who killed and subjugated millions. Now, the city's god is dead. The city itself lies in ruins. And to its new military occupiers, the once-powerful capital is a wasteland of sectarian violence and bloody uprisings. So it makes perfect sense that General Turyin Mulaghesh—foul-mouthed hero of the battle of Bulikov, rumored war criminal, ally of an embattled Prime Minister—has been exiled there to count down the days until she can draw her pension and be forgotten. At least, it makes the perfect cover story. The truth is that the general has been pressed into service one last time, dispatched to investigate a discovery with the potential to change the world—or destroy it. The trouble is that this old soldier isn't sure she's still got what it takes to be the hero.

US of AA

How the Twelve Steps Hijacked the Science of Alcoholism *Chicago Review Press*

In US of AA, Miller shares the never-before-told story of how in the aftermath of prohibition America's top scientists helped launch a movement that would give rise to a multi-million-dollar treatment industry and a new government agency devoted to alcoholism that has made available millions of dollars for research. Despite the fact that this research showed that

alcoholism is a complex disease requiring an array of treatment strategies, among which Alcoholics Anonymous (AA) is one of the least effective, money continued to flow to treatment facilities using approaches similar to AA. Five years in the making, his brilliant, in-depth investigative reporting into the history, politics and science of alcoholism will show how AA became our nation's de facto treatment policy, even as evidence for more effective remedies accumulated. US of AA is a character-driven, beautifully written exposé, full of secrecy, irony, liquor industry money, the shrillest of scare tactics and, at its center, a grand deception. In the tradition of Crazy by Pete Earley, and David Goldhill's Catastrophic Care, US of AA shines a much-needed spotlight on the addiction treatment industry. It will forever change the way we think about the entire enterprise.

Blessings in Disguise

A Tale of Redemption *iUniverse*

Gary Ryan's life was no fairytale. His alcoholic father was gone for good and he hated his abusive stepfather! At twelve, he was stealing, fighting, and drinking, which led to jail, auto thefts, and robberies. Despite his attempts to work, attend school, and maintain good relationships, drugs and alcohol always led him back to crime and back to jail. Gary was a self-will run riot and it would be years before he discovered his problems stemmed from his disconnectedness with higher consciousness. Blessings in Disguise is the story of Gary's journey to recovery, which began when he successfully completed a two-year academic program at Camarillo State Mental Hospital as a student, not a patient. But through those years, he continued to struggle with his addictions as they got in the way of his relationships, his work and his ability to find happiness. Unsure of where to turn, he finally followed his ex-wife's suggestion to attend an AA meeting. It was her new husband that took Gary to his first meeting where he was introduced to the fellowship of AA, and soon came to believe that change was possible and that the life he had hoped for was within reach. Gary also credits A Course in Miracles for helping him grow in the understanding and peace of mind he discovered in this new life of sobriety and integrity. His remarkable story will inspire readers to find their own path to serenity and happiness!

Deep Soul Cleansing *Lulu.com*

This volume has been compiled using quotes from 13 of AA's books for use in living experience of the "Programme," which we recognise as the Steps. WE STRONGLY SUGGEST THAT EACH INDIVIDUAL WISHING TO BETTER UNDERSTAND THE 12 STEPS DO AS WE HAVE DONE AND PURCHASE AND STUDY THE FOLLOWING BOOKS OF ALCOHOLICS ANONYMOUS: Alcoholics Anonymous The Twelve Steps and Twelve Traditions As Bill Sees It The Language of the Heart Came to Believe The Best of the Grapevine Dr. Bob and the Good Oldtimers Experience, Strength, and Hope Pass it On-Bill Wilson and the AA Message Daily Reflections The Home Group: Heartbeat of AA AA Comes of Age Living Sober WE HAVE ATTEMPTED TO FIND, AND "PULL OUT," THE EXPERIENCE OF THE 12 STEPS IN THE MANY LIVES OF THOSE WHO CONTRIBUTED TO THOSE 13 BOOKS AND THE ROOMS OF 12 STEP MEETINGS. Our thanks and gratitude to Alcoholics Anonymous for the gift they have given to the world of the Twelve Steps. Read our blog

Llegamos a Creer - Came to Believe *Alcoholics Anonymous World Serv Incorporated*

Twenty-Four Hours a Day *Martino Fine Books*

2011 Reprint of 1954 Edition. Richard Walker, the author of this work, is the second most popular Twelve Step recovery author in

total sales, after Bill Wilson. Walker has helped untold numbers of alcoholics through his writings. "Twenty-Four Hours a Day" is a book of meditation, thought, and prayer that is soul inspiring, spiritually uplifting, and filled with sage words of wisdom. While geared toward members of Alcoholics Anonymous to help them in their daily program of recovery, the book has much to offer any individual who is working on self-improvement and personal growth, and who is searching for spiritual uplifting and guidance. The book is divided into the 365 days of the calendar year, offering a thought, meditation, and related short prayer on each day. Much of the material is based on the Big Book and other A.A. literature. A classic work.

Quit Like a Woman

The Radical Choice to Not Drink in a Culture Obsessed with Alcohol *Dial Press*

NEW YORK TIMES BESTSELLER • The founder of the first female-focused recovery program offers a groundbreaking look at alcohol and a radical new path to sobriety. "You don't know how much you need this book, or maybe you do. Either way, it will save your life."—Melissa Hartwig Urban, Whole30 co-founder and CEO We live in a world obsessed with drinking. We drink at baby showers and work events, brunch and book club, graduations and funerals. Yet no one ever questions alcohol's ubiquity—in fact, the only thing ever questioned is why someone doesn't drink. It is a qualifier for belonging and if you don't imbibe, you are considered an anomaly. As a society, we are obsessed with health and wellness, yet we uphold alcohol as some kind of magic elixir, though it is anything but. When Holly Whitaker decided to seek help after one too many benders, she embarked on a journey that led not only to her own sobriety, but revealed the insidious role alcohol plays in our society and in the lives of women in particular. What's more, she could not ignore the ways that alcohol companies were targeting women, just as the tobacco industry had successfully done generations before. Fueled by her own emerging feminism, she also realized that the predominant systems of recovery are archaic, patriarchal, and ineffective for the unique needs of women and other historically oppressed people—who don't need to lose their egos and surrender to a male concept of God, as the tenets of Alcoholics Anonymous state, but who need to cultivate a deeper understanding of their own identities and take control of their lives. When Holly found an alternate way out of her own addiction, she felt a calling to create a sober community with resources for anyone questioning their relationship with drinking, so that they might find their way as well. Her resultant feminine-centric recovery program focuses on getting at the root causes that lead people to overindulge and provides the tools necessary to break the cycle of addiction, showing us what is possible when we remove alcohol and destroy our belief system around it. Written in a relatable voice that is honest and witty, Quit Like a Woman is at once a groundbreaking look at drinking culture and a road map to cutting out alcohol in order to live our best lives without the crutch of intoxication. You will never look at drinking the same way again.

Forget the Alamo

The Rise and Fall of an American Myth *Penguin*

A New York Times bestseller! "Lively and absorbing. . ." — The New York Times Book Review "Engrossing." —Wall Street Journal "Entertaining and well-researched . . ." —Houston Chronicle Three noted Texan writers combine forces to tell the real story of the Alamo, dispelling the myths, exploring why they had their day

for so long, and explaining why the ugly fight about its meaning is now coming to a head. Every nation needs its creation myth, and since Texas was a nation before it was a state, it's no surprise that its myths bite deep. There's no piece of history more important to Texans than the Battle of the Alamo, when Davy Crockett and a band of rebels went down in a blaze of glory fighting for independence from Mexico, losing the battle but setting Texas up to win the war. However, that version of events, as *Forget the Alamo* definitively shows, owes more to fantasy than reality. Just as the site of the Alamo was left in ruins for decades, its story was forgotten and twisted over time, with the contributions of Tejanos--Texans of Mexican origin, who fought alongside the Anglo rebels--scrubbed from the record, and the origin of the conflict over Mexico's push to abolish slavery papered over. *Forget the Alamo* provocatively explains the true story of the battle against the backdrop of Texas's struggle for independence, then shows how the sausage of myth got made in the Jim Crow South of the late nineteenth and early twentieth century. As uncomfortable as it may be to hear for some, celebrating the Alamo has long had an echo of celebrating whiteness. In the past forty-some years, waves of revisionists have come at this topic, and at times have made real progress toward a more nuanced and inclusive story that doesn't alienate anyone. But we are not living in one of those times; the fight over the Alamo's meaning has become more pitched than ever in the past few years, even violent, as Texas's future begins to look more and more different from its past. It's the perfect time for a wise and generous-spirited book that shines the bright light of the truth into a place that's gotten awfully dark.

Drop the Rock

Removing Character Defects - Steps Six and Seven *Simon and Schuster*

A practical guide to letting go of the character defects that get in the way of true and joyful recovery. Resentment. Fear. Self-Pity. Intolerance. Anger. As Bill P. explains, these are the "rocks" that can sink recovery- or at the least, block further progress. Based on the principles behind Steps Six and Seven, *Drop the Rock* combines personal stories, practical advice, and powerful insights to help readers move forward in recovery. The second edition features additional stories and a reference section.

The Sober Truth

Debunking the Bad Science Behind 12-Step Programs and the Rehab Industry *Beacon Press*

A powerful exposé of Alcoholics Anonymous, 12-step programs, and the rehab industry—and how a failed addiction treatment model came to dominate America. Alcoholics Anonymous has become so infused in our society that it is practically synonymous with addiction recovery. Yet the evidence shows that AA has only a 5–10 percent success rate—hardly better than no treatment at all. Despite this, doctors, employers, and judges regularly refer addicted people to treatment programs and rehab facilities based on the 12-step model. In *The Sober Truth*, acclaimed addiction specialist Dr. Lance Dodes exposes the deeply flawed science that the 12-step industry has used to support its programs. Dr. Dodes analyzes dozens of studies to reveal a startling pattern of errors, misjudgments, and biases. He also pores over the research to highlight the best peer-reviewed studies available and discovers that they reach a grim consensus on the program's overall success. But *The Sober Truth* is more than a book about addiction. It is also a book about science and how and why AA and rehab became so popular, despite the discouraging data.

Drawing from thirty-five years of clinical practice and firsthand accounts submitted by addicts, Dr. Dodes explores the entire story of AA's rise—from its origins in early fundamentalist religious and mystical beliefs to its present-day place of privilege in politics and media. A powerful response to the monopoly of the 12-step program and the myth that they are a universal solution to addiction, *The Sober Truth* offers new and actionable information for addicts, their families, and medical providers, and lays out better ways to understand addiction for those seeking a more effective and compassionate approach to this treatable problem.

Keep It Simple - 2020 Daily Recovery Planner

Came to Believe Pink Unicorn - One Year 52 Week Sobriety Calendar - Meeting Reminder Sponsor Notes Inspirational Quotes - Habit Tracker Sober Lifestyle Vision Board - Weekly Monthly View 8x10 Grid Lined Pages

Keep It Simple 2020 Daily Recovery-Oriented Planner You have a busy, complicated life! We know! This 1 Year, Daily Planner is designed to help you keep your focus on sobriety, even in the midst of your family, work and social calendar! Through a daily reminder to work the steps, make a meeting, talk to your sponsor and above all else: stay sober ONE DAY AT A TIME! Make 2020 your year of personal and spiritual growth, mindfulness and happiness! Perfect For: Sponsor / Sponsee Gifts Sober Anniversary Present for Under \$10! Sobriety Gifts for Men and Women Long Term Sobriety or Newcomers Twelve Step Members of All Types: AA, CA, NA, OA or others! 12 Months, 12 Steps... coincidence? Nope! Recovery Oriented Features: Size: 8x10 inches - portable, yet large enough to write Pages: 160 pages of 60lb White Paper Planner Views: Daily, Weekly, Monthly and Year at a glance Habit Trackers - Keep Track of Your Goals! Sober Lifestyle Vision Boards - See The Change You Want in Your Life! Inspirational Quotes Sponsor Contact Information Critical Emergency Information Meeting Reminders Daily 4th Step Reminder for Personal Inventory Gratitude List Dot Grid Pages for Visualizing Your Recovery Blank Lined Notes Pages to Capture Your Thoughts Easily Fits Programs of Alcoholics Anonymous, Narcotics Anonymous, AI Anon and more. Bespoke Versions Available for Treatment Centers Remember: All Sobriety is just ODAAT! Keep in Simple and stay sober One Day at a Time!

The Book That Started It All

The Original Working Manuscript of Alcoholics Anonymous *Hazelden Publishing*

The Book That Started It All Hardcover

Bill W. and Dr. Bob Samuel French, Inc.

Drama / 3m, 3f (w/doubling) / Unit set Newly revised edition! From the author of the best-selling novel, *The House of God*, this critically acclaimed version which played Off-Broadway in 2007, tells the amazing story of the two men who pioneered Alcoholics Anonymous, and of their wives, who founded AI Anon. During the roaring '20s, New York stockbroker Bill Wilson rides high on money, fame, and booze. In '29, both he and the market crash and he becomes a hopeless drunk. Dr. Bob Smith, a surgeon

Carl Jung and Alcoholics Anonymous

The Twelve Steps as a Spiritual Journey of Individuation *Routledge*

The author visited the archives of the headquarters of A.A. in New York, and discovered new communications between Carl Jung and

Bill Wilson. For the first time this correspondence shows Jung's respect for A.A. and in turn, its influence on him. In particular, this research shows how Bill Wilson was encouraged by Jung's writings to promote the spiritual aspect of recovery as opposed to the conventional medical model which has failed so abysmally. The book overturns the long-held belief that Jung distrusted groups. Indeed, influenced by A.A.'s success, Jung gave "complete and detailed instructions" on how the A.A. group format could be developed further and used by "general neurotics". Wilson was an advocate of treating some alcoholics with LSD in order to deflate the ego and induce a spiritual experience. The author explains how alcoholism can be diagnosed and understood by professionals and the lay person; by examining the detailed case histories of Jung, the author gives graphic examples of its psychological and behavioural manifestations.

Beyond Belief

Agnostic Musings for 12 Step Life

Rebellion Dogs Publishing is proud to announce a 21st century daily reflection book. Beyond Belief's 2014 second printing is now available with a Foreword by Ernie Kurtz and updated links and End Notes. What are "agnostic musings"? It is not news to anyone that the war of worldviews makes for sporting debate; does an intervening God grant sobriety, serenity, wisdom and courage or is conscious contact a delusion? Sorry, while we might be as amused as anyone with this question, Beyond Belief: Agnostic Musings for 12 Step Life doesn't enter this debate. Hate the game; don't hate the players. A good idea is a good idea. Why dismiss valid experience because of the beliefs that someone harbors? Beliefs aren't facts. Beyond our belief is where life is happening: chances have to be taken; processes have to be evaluated; life has to be lived. Atheists, humanists, skeptics and agnostics will feel included in these daily reflections. Believers won't feel mocked or belittled. Everyone in recovery is included. No one needs to adopt the beliefs of someone else nor deny our own beliefs to get clean and sober. Believing and belonging are not synonymous. We are well into Century 21. Anyone should feel free to doubt or believe with impunity. Everyone's experience is a valid currency. The 12 Step community has no experts. Rebellion Dogs Publishing neither canonizes nor vilifies 12 Step culture. This book draws on philosophy, psychology, entertainment, art, spiritual musings, skeptical inquiry and the uncanny wisdom of the rooms. Professional and 12&12 Member reviews: Melissa D., Clinical Psychologist, California says, "I have never seen a daily devotional book written for agnostics. I found the readings to be extremely thought provoking. I wonder sometimes since there is such talk about God at meetings, what kind of turn-off that must be for agnostics. I think this book will be very helpful to both the newcomer and the mature 12 Step member." Bob K, contributor to AAagnostica.org says, "I expected his book to be good. It's WAY, WAY better than good. The book is outstanding. Two decades of not being a 'daily reflections' kind of guy, are over. Now I have reflections worth reflecting over! Buy this book or you will suffer a horrible and painful death! Well, maybe not, but you'll be missing out on something very good." Michel D. says, "AA can, and must, adapt to changing circumstances and Bill Wilson was the first one to admit it. Unfortunately, members who have come after him are more zealous than our first members.

We have seen this dogmatism in history before of course, especially in religion. This is a very slippery slope. I really like the fact that these reflections are for anyone who has an open mind. It does not cater to a specific group to the exclusion of others. " Denis K. says, "Many thanks for this great book; my Monday night group and I are having some great discussions related to the daily musings both at the group and often during the week over coffee. All of us were quickly losing interest in the local meetings; Beyond Belief: Agnostic Musings for 12 Step Life gave all of us a much needed spark that has renewed our interest in the fellowship." Dr. Amy, MSW, PhD, adds, "One criticism of the 12 Step movement of course is that its dogma can be limiting-Beyond Belief seems to have addressed this. The quotes are cogent, the organization superb and the contributors are diverse." The book includes an index of over 120 topics, extensive notes and a bibliography.

Al-Anons Twelve Steps & Twelve Traditions

Why Early A.A. Succeeded *First Edition Design Pub.*

Early Alcoholics Anonymous claimed a 75% success rate among "seemingly-hopeless," "medically-incurable" alcoholics who thoroughly followed the original Akron A.A. "Christian fellowship" program Bill W. and Dr. Bob developed beginning in the summer of 1935. That very simple program was founded on basic ideas from the Bible. This book takes you through the Bible on the principal points AAs studied.

Voices of Women in AA

Stories of Experience, Strength and Hope from Grapevine *AA Grapevine*

Inspiring and courageous stories demonstrating the various ways women alcoholics found sobriety in AA. Includes stories of early AA pioneers and by some of the first female members. One of our bestselling books.

Staying Sober Without God

The Practical 12 Steps to Long-Term Recovery from Alcoholism and Addictions

Staying Sober Without God is a guide for non-believers who want to get sober without an act of faith. Traditional 12-step programs push for a belief in God or a higher power. The practical 12 steps outlined in this book provide a path to lasting recovery that requires no belief in the supernatural.

If You Want What We Have

Sponsorship Meditations *Hazelden Publishing*

If You Want What We Have

The Narcotics Anonymous Step Working Guides

Narcotics Anonymous Step Working Guides are meant to be used by NA members at any stage of recovery, whether it's the first time through the steps, or whether they have been a guiding force for many years. This book is intentionally written to be relevant to newcomers and to help more experienced members develop a deeper understanding of the Twelve Steps.