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Dibs

In Search of Self : Personality Development in Play Therapy *Gardners Books*

This is the story of a little boy named Dibs. He would not talk. He would not play. Judged mentally defective, he was oblivious both to other children and to his teacher; in reality he was a brilliant, lonely child trapped in a prison of fear and rage, a prison from which only he could release himself. And, through

psychotherapy and love, he did. December Monday 20 Dibs is the only real person I ever met in the classroom who could teach me what it means to be a complete person.

Dibs in Search of Self *Random House Digital, Inc.*

Account of a deeply disturbed five-year-old's attempt to find his identity and of his emergence from psychotherapy as a whole human being

Dibs in Search of Self *Mansion*

Account of a deeply disturbed five-year-old's attempt to find his identity and of his emergence from psychotherapy as a whole human being.

Play Therapy

The Groundbreaking Book That Has Become a Vital Tool in the Growth and Development of Children *Ballantine Books*

"The most brilliant and intuitive, as well as the clearest written, work in this field. It is unpretentious yet clearly the most authoritative work that has been published." NORMAN CAMERON, Ph.D. Professor of Psychiatry Yale University School of Medicine Here is an intensely practical book that gives specific illustrations of how therapy can be implemented in play contacts, and tells how the toys of the playroom can be vivid performers and aids in growth. As she did with DIBS IN SEARCH OF SELF, Dr. Axline has taken true case histories from the rich mine of verbatim case material of children referred for play therapy, choosing children ranging in age, problem, and personality. It's all here in an important and rewarding book for parents, teachers, and anyone who comes in contact with children.

Dibs: In Search of Self *Plunkett Lake Press*

In 1947, Virginia Axline introduced professional psychotherapists to a new way of working with children called Nondirective Play Therapy. In 1964, she introduced the rest of the world to "Dibs". Dibs is silent. Dibs is a mystery to his parents and teachers. Dibs cannot be reached no matter how hard they try. He hides under tables and lashes out at other children. Some think he's incapable of learning and interacting in a regular classroom. Some think he's emotionally disturbed. Everyone is desperate to fix him, except for "Miss A". "Miss A," as Dibs calls her, believes that Dibs already knows the answers and can show her what he needs if she is patient enough, accepting enough, and observant enough. Dibs' parents think she's wasting her time trying to watch him play. He doesn't play and he doesn't talk. Dibs' mother finally agrees to let Miss A try her methods, but she's not holding her breath. "Miss A" then introduces Dibs and us to her special play room, where children can be just exactly who they truly are. The room is not magical, but the relationship between therapist and child is. In the safety and freedom of this special relationship, we begin to see what Axline meant when she first encouraged therapists to offer children the opportunity to "play out these feelings" and "realize the power within [themselves]". "A 'must read' classic for play therapists!" — Charles E. Schaefer, PhD, RPT-S, Professor Emeritus of Psychology, Fairleigh Dickinson University; Co-Founder and Director Emeritus, The Association for Play Therapy "Dibs: In Search of Self is a timeless account of Axline as play therapist, advocate, and partner in Dibs'

therapeutic journey. I marvel at Axline's ability to encompass multiple roles while demonstrating integration in all of her interactions; whether in the playroom, conducting classroom observations or working with Dibs' parents. This is essential reading for play therapists, child development and counseling practitioners." — Natalya Ann Lindo, PhD, LPC, CCPT-S, CPRT-S, Associate Professor & Counseling Program Coordinator, University of North Texas

"There are many books on play therapy theory. There are many books on play therapy techniques. There is only one book that goes beyond theory and technique, getting to the heart of what play therapy is all about. Dibs captures the depth of connection and life-changing impact that play therapy can engender between a child and a therapist." — Nick Cornett, PhD, LPC, LMFT, RPT, Assistant Professor, John Brown University

Play Therapy

The Art of the Relationship *Routledge*

"Play Therapy: The Art of the Relationship is a text for graduate-level counseling students in play therapy courses. It provides comprehensive and detailed information for creating therapeutic relationships with children and facilitating the play therapy process. Landreth stresses the importance of understanding the child's world and perspective, allowing play therapists to fully connect with them. Although there is this emphasis on the experiential aspect, the relevant research and theory are still considered. The author presents descriptions of play and the history of play therapy, child and therapist characteristics, play room set-up and materials, working with parents.

Guidelines, transcripts, and case examples are provided for governing sensitive issues at every stage of the therapeutic process, from the first meeting to the end of the relationship. This new edition will incorporate the relevant research that has taken place since the publication of the previous, and includes new sections on supervision of play therapists, legal and ethical issues, and multicultural considerations in play therapy"--

Advanced Play Therapy

Essential Conditions, Knowledge, and Skills for Child Practice *Routledge*

Current play therapy resources offer details on how to conduct play therapy, but are limited in addressing the challenges that develop when therapists conduct play therapy with real-life clients. Using the Child-Centered Play Therapy Approach, Ray has written the first book to address these complex play therapy subjects. Topics covered include: integrating field knowledge of play, development, and theory into the advanced play therapist's knowledge base; working with difficult situations, such as limit-setting, aggression, and parents; addressing modern work concerns like measuring progress, data accountability, and treatment planning; differentiating play therapy practice in school and community settings; and addressing complicated skills, such as theme work, group play therapy, and supervision. Ray also includes her Child Centered Play Therapy Treatment Manual, an invaluable tool for any play therapist accountable for evidence-based practice. This manual can also be found on the accompanying CD, along with treatment plan, session summary,

and progress-tracking worksheets.

Cultural Issues in Play Therapy

Guilford Publications

This book has been replaced by *Cultural Issues in Play Therapy, Second Edition*, ISBN 978-1-4625-4690-9.

A Practical Handbook for Building the Play Therapy Relationship

Jason Aronson

This resource is designed for practitioners, students, and play therapy supervisors. It describes the fundamental skills of building a therapeutic relationship by providing written exercises, case study examples with correct and incorrect dialogue interactions, and video review and reflection exercises.

Child-Centered Play Therapy

Guilford Press
Highly practical, instructive, and authoritative, this book vividly describes how to conduct child-centered play therapy. The authors are master clinicians who explain core therapeutic principles and techniques, using rich case material to illustrate treatment of a wide range of difficulties. The focus is on nondirective interventions that allow children to freely express their feelings and take the lead in solving their own problems. Flexible yet systematic guidelines are provided for setting up a playroom; structuring sessions; understanding and responding empathically to children's play themes, including how to handle challenging behaviors; and collaborating effectively with parents.

Child-Centered Play Therapy

A Practical Guide to Developing

Therapeutic Relationships with Children

John Wiley & Sons

"The authors . . . make child-centered play therapy readily understandable to those who wish to take advantage of its long history of helping children overcome problems and grow emotionally to a level of maturity difficult to achieve by any other approach."
—From the Foreword, by Louise F. Guerney, PhD, RPT-S
A comprehensive resource that thoroughly teaches the theory, methods, and practice of child-centered play therapy *Child-Centered Play Therapy: A Practical Guide to Developing Therapeutic Relationships with Children* offers how-to direction and practical advice for conducting child-centered play therapy. Filled with case studies, learning activities, and classroom exercises, this book presents extensive coverage of play therapy applications such as setting goals and treatment planning, as well as recommendations for family and systemic services that can be provided along with play therapy. This rich resource provides: A thorough introduction to the theory and guiding principles underlying child-centered play therapy Skill guidance including structuring sessions, tracking, empathy, responding to children's questions, and role-play Effective ways of determining what limits to set in the playroom and how to set them in a therapeutically effective manner Clear methods for monitoring children's progress through stages as well as external measures of progress Practical guidance in adjunct therapist tasks such as playroom set-up, documentation, ending therapy, and working with parents, teachers, and principals Endorsed by Louise Guerney—a founding child-centered play therapy figure who developed the skills-

based methods covered in this book—Child-Centered Play Therapy comprehensively and realistically introduces practitioners to the child-centered approach to play therapy and addresses how to incorporate the approach into schools, agencies, or private practice.

Dibs: in Search of Self

Personality Development in Play Therapy *Houghton Mifflin Harcourt*

Account of a deeply disturbed five-year-old's attempt to find his identity and of his emergence from psychotherapy as a whole human being

Counseling Children Through the World of Play *Wipf and Stock Publishers*

If we are to touch the hearts of hurting children, we must enter their world, the world of play. Play therapy honors children by meeting them in their world. Children say with toys what they have difficulty saying with words. Toys become the play therapist's tools to help unlock the healing process for wounded children. Whether you are a psychologist, a social worker, a family therapist, a pastoral counselor, a group-home worker, or a children's ministry worker, this book will help you build relationships that minister to the souls of hurting children and bring understanding to the confusion of their pain. Through these nurturing relationships, children will be freed to understand and process emotional pain.

The Therapeutic Powers of Play

20 Core Agents of Change *John Wiley & Sons*

"Focusing on the specific ingredients

that activate clinical change, this book is enhanced by current research, more amplex, and an array of contributions in contemporary and relevant topic areas. It is full of inspiration, direction, and grounding. This is a stunning contribution to the field of child therapy." —Eliana Gil, PhD, Gil Institute for Trauma Recovery and Education A practical look at how play therapy can promote mental health wellness in children and adolescents Revised and expanded, *The Therapeutic Powers of Play, Second Edition* explores the powerful effects that play therapy has on different areas within a child or adolescent's life: communication, emotion regulation, relationship enhancement, and personal strengths. Editors Charles Schaefer and Athena Drewes—renowned experts in the field of play therapy—discuss the different interventions and components of treatment that can move clients to change. Leading play therapists contributed to this volume, supplying a wide repertoire of practical techniques and applications in each chapter for use in clinical practice, including: Direct teaching Indirect teaching Self-expression Relationship enhancement Attachment formation Catharsis Stress inoculation Creative problem solving Self-esteem Filled with clinical case vignettes from various theoretical viewpoints, the second edition is an invaluable resource for play and child therapists of all levels of experience and theoretical orientations.

A Practical Guide to Play Therapy in the Outdoors

Working in Nature *Routledge*

A Practical Guide to Play Therapy in the

Outdoors responds to the significant and growing interest in the play therapy community of working in nature. Alison Chown provides practical ideas about why we might decide to take play therapy practice into outdoor settings and how we might do this safely and ethically. This book discusses how nature provides a second intermediate playground and can be seen as a co-therapist in play therapy. It explores the relevance of different environments to the play therapy process by considering the elements of earth, air, fire, water and wood. It looks at the way we can connect with nature to find a sense of place and details some activities to do with children in play therapy to get started. The book provides an important guide for the practitioner and talks them through the crucial guidelines that are necessary for outdoor play therapy and gives a philosophical perspective to working in nature. It will be engaging and essential reading for play therapists in training and practice.

Cultural Issues in Play Therapy, Second Edition *Guilford Publications*

This unique resource is now in an extensively revised second edition with more than 90% new material and an expanded conceptual framework. Filled with rich case illustrations, the book explores how children's cultural identities--as well as experiences of marginalization--shape the challenges they bring to therapy and the ways they express themselves. Expert practitioners guide therapists to build competence for working across different dimensions of diversity, including race and ethnicity, gender identity, sexual orientation, and disability. Purchasers get access to a companion website featuring chapters from the first edition on play therapy

with major cultural groups: African Americans, Hispanics, Native Americans, and Asian Americans. New to This Edition *Virtually a new book; incorporates a broader definition of culture and an increased social justice focus. *Chapters on working with children of color, LGBT children and adolescents, undocumented families, and Deaf children. *Chapter on dismantling white privilege in the play therapy office. *Chapters on school bullying and on how technology is transforming play, including tips for conducting tele-play therapy.

The Collected Works of D.W. Winnicott *Oxford University Press*

Volume 7 (1964-66) is introduced by the senior Milanese analyst Anna Ferruta and contains an important selection of articles and letters from this very productive period of Winnicott's working life including articles on the false self, psychosis, psychosomatic illness, regression, children's thinking, trauma, aggression, dissociation, psychoanalytic research, male and female elements, guilt, the unconscious and a selection of letters on psychoanalytic and more general topics.

Counselling for Toads

A Psychological Adventure *Routledge*
'Toad', the famous character in Kenneth Grahame's *The Wind in the Willows* is in a very depressed state and his good friends Rat, Mole and Badger, are 'worried that he might do something silly'... First they nursed him. Then they encouraged him. Then they told him to pull himself together... Finally, Badger could stand it no longer. That admirable animal, though long on exhortation, was short on patience. 'Now look here Toad,

this can go on no longer', he said sternly. 'There is only one thing left. You must have counselling!' Robert de Board's engaging account of Toad's experience of counselling will capture the imagination of the growing readership of people who are interested in counselling and the counselling process. Written as a real continuation of life on the River Bank, Toad and his friends come to life all over again. Heron, the counsellor, uses the language and ideas of transactional analysis as his counselling method. Through the dialogues which make up the ten sessions, or chapters of the book, Toad learns how to analyse his own feelings and develop his emotional intelligence. He meets his 'rebellious child' and his 'adult' along the way, and by the end of the book, as debonair as ever he was, is setting out on a completely new adventure. As readers learn about Toad, so they can learn about themselves and be encouraged to take the path of psychological growth and development. Best-selling author, Robert de Board says: 'Toad's experiences are based on my own experiences of counselling people over a period of twenty years. Counselling for Toads is really an amalgamation of the many counselling sessions I have held and contains a distillation of the truths I have learnt from practice.' Appropriate for anyone approaching counselling for the first time, whether as a student or as a client, or for the professional counsellor looking for something to recommend to the hesitant, Counselling for Toads will appeal to both children and adults of all ages.

Letters of Note: Mothers *Penguin*

A fascinating new volume of messages about motherhood, from the author of the bestselling *Letters of Note*

collections. In *Letters of Note: Mothers*, Shaun Usher gathers together exceptional missives by and about mothers, celebrating the joy and grief, humour and frustration, wisdom and sacrifice the role brings to both parent and child. A young Egyptian girl mourns her mother's death in the fourth century AD. Melissa Rivers lovingly chides her mother, Joan, for treating her house like a hotel and taking her thirteen-year-old son to see *Last Tango in Paris*. Anne Sexton gives her daughter the advice to live life to the hilt, and be your own woman. In a letter to her teenage daughter, Caitlin Moran explains that some boys are as evil as vampires, and you must drive stakes through their hearts. The film *Ladybird* inspires journalist Hannah Woodhead to write an emotional letter to her mother. While at seminary, Martin Luther King Jr. writes that he has "the best mother in the world." These thirty letters capture the endless range of feelings that comes with being or having a mother. Includes letters from E.B. White, George Bernard Shaw, Edna St. Vincent Millay, Sylvia Plath, Laura Dern, Baya Hocine, Louisa May Alcott, Wallace Stegner, and more.

A Therapist's Guide to Child Development

The Extraordinarily Normal Years *Routledge*

A Therapist's Guide to Child Development gives therapists and counselors the basics they need to understand their clients in the context of development and to explain development to parents. The chapters take the reader through the various physical, social, and identity developments occurring at each age, explaining how each stage of

development is closely linked to mental health and how that is revealed in therapy. This ideal guide for students, as well as early and experienced professionals, will also give readers the tools to communicate successfully with the child's guardians or teachers, including easy-to-read handouts that detail what kind of behaviors are not cause for concern and which behaviors mean it's time to seek help. As an aid to practitioners, this book matches developmental ages with appropriate, evidence-based mental health interventions.

Time to Listen to Children

Personal and Professional Communication *Routledge*

Time to Listen to Children is a practical guide to effective communication with children. Professionals working with children in a variety of settings examine the skills required to help children articulate their problems and feelings. They discuss issues such as training, cultural background and religion and give accounts of their work in the following settings: * education * social services * voluntary organizations * medical settings * law Contributors practice a variety of therapeutic techniques, including play, music and art therapy. Time to Listen to Children will be a valuable resource for social workers, teachers and counsellors in training and for all professionals who wish to adopt a skilled, reflective and active approach to their work with children.

Riley Can't Stop Crying *Orca Book Publishers*

★ "Insightfully emotional...A poignant, purposeful depiction of a family learning

to recognize, confront, and heal internal struggles with self-love and self-worth. Children in need of encouragement will find comforting revelations about the value of individuality."—School Library Journal, starred review Riley is inconsolable. He can't stop crying and nothing is making him feel better. His sister, Regina, tries her best to help him figure out what's wrong, but four-year-old Riley isn't sure. It's not his tummy, or his head, or the monsters under the bed. Regina and their dad try everything they can to make Riley smile, but nothing works until one day Regina has an idea. Maybe it's Riley that is making Riley upset. Regina knows what it feels like to be uncomfortable in her body, but she also knows that she's pretty amazing and really good at a lot of things. So how can she help Riley see that he's pretty amazing and really good at a lot of things? A charming story about a child's search for his true self under the compassionate eye of his older sister.

Play Therapy

A Comprehensive Guide to Theory and Practice *Guilford Publications*

This authoritative work brings together leading play therapists to describe state-of-the-art clinical approaches and applications. The book explains major theoretical frameworks and summarizes the contemporary play therapy research base, including compelling findings from neuroscience. Contributors present effective strategies for treating children struggling with such problems as trauma, maltreatment, attachment difficulties, bullying, rage, grief, and autism spectrum disorder. Practice principles are brought to life in vivid case illustrations throughout the volume. Special topics include treatment of

military families and play therapy interventions for adolescents and adults.

Doing Play Therapy

From Building the Relationship to Facilitating Change *Guilford Publications*

Covering the process of therapy from beginning to end, this engaging text helps students and practitioners use play confidently and effectively with children, adolescents, and adults struggling with emotional or behavioral problems or life challenges. With an accessible theory-to-practice focus, the book explains the basics of different play therapy approaches and invites readers to reflect on and develop their own clinical style. It is filled with rich case material and specific examples of play techniques and strategies. The expert authors provide steps for building strong relationships with clients; exploring their clinical issues and underlying dynamics; developing and working toward clear treatment goals; and collaborating with parents and teachers. A chapter on common challenges offers insightful guidance for navigating difficult situations in the playroom.

Handbook of Play Therapy, Advances and Innovations *John Wiley & Sons*

In the decade since its publication, *Handbook of Play Therapy* has attained the status of a classic in the field. Writing in the most glowing terms, enthusiastic reviewers in North America and abroad hailed that book as "an excellent resource for workers in all disciplines concerned with children's mental health" (*Contemporary Psychology*). Now, in this companion volume, editors Kevin O'Connor and

Charles Schaefer continue the important work they began in their 1984 classic, bringing readers an in-depth look at state-of-the-art play therapy practices and principles. While it updates readers on significant advances in sand play diagnosis, theraplay, group play, and other well-known approaches, Volume Two also covers important adaptations of play therapy to client populations such as the elderly, and new applications of play therapeutic methods such as in the assessment of sexually abused children. Featuring contributions by twenty leading authorities from psychology, social work, psychiatry, psychoanalysis, and other related disciplines, *Handbook of Play Therapy, Volume two* draws on clinical and research material previously scattered throughout the professional literature and organizes it into four main sections for easy reference: *Theoretical approaches*— including Adlerian, cognitive, behavioral, gestalt, and control theory approaches as well as family, ecosystem, and others *Developmental adaptations*— covers ground-breaking new adaptations for adolescents, adults, and the elderly *Methods and techniques*— explores advances in traditional techniques such as sand play, Jungian play therapy, and art therapy, and examines other new, high-tech play therapies *Applications*— reports on therapeutic applications for psychic trauma, sex abuse, cancer patients, psychotics, and many others The companion volume to the celebrated classic in the field, *Handbook of Play Therapy, Volume Two* is an indispensable resource for play therapists, child psychologists and psychiatrists, school counselors and psychologists, and all mental health professionals. HANDBOOK OF PLAY

THERAPY Edited by Charles E. Schaefer and Kevin J. O'Connor ". . . an excellent primary text for upper level students, and a valuable resource for practitioners in the field of child psychotherapy."—*American Journal of Mental Deficiency* ". . . a thorough, thoughtful, and theoretically sound compilation of much of the accumulated knowledge. . . . Like a well-executed stained-glass window that yields beauty and many shades of light through an integrated whole, so too this book synthesizes and reveals many creative facets of this important area of practice."—*Social Work in Education* 1983 (0-471-09462-5) 489 pp. THE PLAY THERAPY PRIMER Kevin J. O'Connor The Play Therapy Primer covers the impact of personal values and beliefs on therapeutic work, and provides a detailed description of the process preceding the beginning of therapy. It then offers guidelines and strategies for developing treatment plans respective of the various phases of therapy, including specific in-session techniques, modifications for different ages, transference considerations, and the termination and follow-up of clinical cases. 1991 (0-471-52543-X) 371 pp. PLAY DIAGNOSIS AND ASSESSMENT Edited by Charles E. Schaefer, Karen Gitlin, and Alice Sandgrund The first and only book to fully explore the assessment potential of play evaluation, this book offers an impressive array of papers by nearly fifty authorities in the field. Following a logical progression, it is divided into six parts covering the full range of practical and theoretical concerns, including developmental play scales for normal children from preschool to adolescence; diagnostic play scales including those for the evaluation of children with a variety of cognitive, behavioral, and/or emotional

disorders; parent/child interaction play scales; projective play techniques; and scales for assessing a child's behavior during play therapy. 1991 (0-471-62166-8) 718 pp. GAME PLAY Edited by Charles E. Schaefer and Steven E. Reid This important work highlights the psychological significance of using games to assess and treat various childhood disorders. In chapters written by leading authorities, it examines the content of various types of games and provides theoretical approaches, techniques, and practical guidelines for applying games to play therapy with children. Case histories demonstrate the use of game play with childhood problems ranging from hyperactivity to divorce counseling and juvenile delinquency. 1986 (0-471-81972-7) 349 pp.

Counseling Children and Adolescents (Fifth Edition) *Cognella Academic Publishing*

Counseling Children and Adolescents provides readers with a comprehensive exploration of the practice of counseling young clients. The book introduces several theories that have proven effective with young clients, then couples that information with developmentally and culturally appropriate interventions and counseling techniques. Theories addressed include developmental theory, play therapy, brief counseling, reality therapy, and rational-emotive behavior therapy. Each theory is described with specific applications with children and adolescents. Additional chapters explore working with at-risk youth, exceptional children, and youth affected by challenging circumstances. Other topics addressed in the text include working with parents and families in school and

mental health counseling, basic counseling skills and ethical considerations specific to children and adolescents, creative counseling interventions, counseling children from diverse backgrounds, and working with youth in small groups. Each chapter includes case studies, step-by-step processes, Voices from the Field, educational vignettes, and student exercises to bridge the gap from theory to practice. This updated edition of *Counseling Children and Adolescents* features highly informative chapters and information based on rich experience of the authors. With an emphasis on practical applications and empirically-based approaches, it is ideal for graduate-level courses in counseling, psychology, marriage and family, or social work, as well as for practitioners working with young clients. For a look at the specific features and benefits of *Counseling Children and Adolescents*, visit cognella.com/counseling-children-and-adolescents-features-and-benefits.

Ethics for Behavior Analysts

A Practical Guide to the Behavior Analyst Certification Board Guidelines for Responsible Conduct

Routledge

Behavior analysis, a rapidly growing profession, began with the use and application of conditioning and learning techniques to modify the behavior of children or adults presenting severe management problems, often because of developmental disabilities. Now behavior analysts work in a variety of settings, from clinics and schools to workplaces. Especially since their practice often involves aversive stimuli or punishment, they confront many special ethical challenges. Recently, the Behavior

Analysis Certification Board codified a set of ten fundamental ethical guidelines to be followed by all behavior analysts and understood by all students and trainees seeking certification. This book shows readers how to follow the BACB guidelines in action. The authors first describe core ethical principles and then explain each guideline in detail, in easily comprehensible, everyday language. The text is richly illuminated by more than a hundred vivid case scenarios about which the authors pose, and later answer questions for readers. Useful appendices include the BACB Guidelines, an index to them, practice scenarios, and suggested further reading. Practitioners, instructors, supervisors, students, and trainees alike will welcome this invaluable new aid to professional development.

Your Child's Self-esteem

The Key to Life Harmony

Discusses the ways in which parental attitudes shape the child's concept of himself and offers guidelines for creating positive relationships

Positive Discipline

The Classic Guide to Helping Children Develop Self-Discipline, Responsibility, Cooperation, and Problem-Solving Skills *Ballantine Books*

For twenty-five years, *Positive Discipline* has been the gold standard reference for grown-ups working with children. Now Jane Nelsen, distinguished psychologist, educator, and mother of seven, has written a revised and expanded edition. The key to positive discipline is not punishment, she tells us, but mutual respect. Nelsen coaches parents and

teachers to be both firm and kind, so that any child—from a three-year-old toddler to a rebellious teenager—can learn creative cooperation and self-discipline with no loss of dignity. Inside you'll discover how to • bridge communication gaps • defuse power struggles • avoid the dangers of praise • enforce your message of love • build on strengths, not weaknesses • hold children accountable with their self-respect intact • teach children not what to think but how to think • win cooperation at home and at school • meet the special challenge of teen misbehavior "It is not easy to improve a classic book, but Jane Nelson has done so in this revised edition. Packed with updated examples that are clear and specific, *Positive Discipline* shows parents exactly how to focus on solutions while being kind and firm. If you want to enrich your relationship with your children, this is the book for you." —Sal Severe, author of *How to Behave So Your Children Will, Too!* Millions of children have already benefited from the counsel in this wise and warmhearted book, which features dozens of true stories of positive discipline in action. Give your child the tools he or she needs for a well-adjusted life with this proven treasure trove of practical advice.

Autism and Representation *Routledge*

Autism, a neuro-developmental disability, has received wide but often sensationalistic treatment in the popular media. A great deal of clinical and medical research has been devoted to autism, but the traditional humanities disciplines and the new field of Disability Studies have yet to explore it. This volume, the first scholarly book on autism in the humanities, brings scholars

from several disciplines together with adults on the autism spectrum to investigate the diverse ways that autism has been represented in novels, poems, autobiographies, films, and clinical discourses, and to explore the connections and demarcations between autistic and "neurotypical" creativity. Using an empathetic scholarship that unites professional rigor with experiential knowledge derived from the contributors' lives with or as autistic people, the essays address such questions as: In what novel forms does autistic creativity appear, and what unusual strengths does it possess? How do autistic representations—whether by or about autistic people—revise conventional ideas of cognition, creativity, language, (dis)ability and sociability? This timely and important collection breaks new ground in literary and film criticism, aesthetics, psychology, and Disability Studies.

Directive Play Therapy

Theories and Techniques *Springer Publishing Company*

Structured, therapist-led approaches to play therapy are becoming increasingly popular due to their time-limited nature and efficacy for such specific disorders as trauma and attachment issues. This is the first book to provide comprehensive coverage of numerous directive play therapy techniques and interventions that are empirically validated and can be adapted for use in clinical, school, group, and family settings. Designed for both students and practitioners, the text addresses the theoretical bases for these approaches and provides in-depth, practical guidance for their use. The book describes how directive play therapies differ from nondirective

therapies and illustrates best practices in using directive techniques. It examines such diverse approaches as cognitive behavioral, solution focused, sensorimotor, and the use of creative arts in play therapy. Each approach is covered in terms of its theoretical foundation, research basis, specific techniques for practice, and a case example. The text describes how to adapt directive play therapy techniques for use in various contexts, such as with families, in groups, and in schools. Helpful templates for treatment planning and case documentation are also included, making the book a valuable resource for both training courses and practicing professionals in play therapy, clinical mental health counseling, child counseling, school counseling, child and family social work, marriage and family therapy, and clinical child psychology. Key Features: Delivers step-by-step guidance for using directive play therapy techniques--the first book to do so Addresses theoretical basis, research support, and practical techniques for a diverse range of therapies Covers varied settings and contexts including school, clinical, group, and family settings Includes case studies Provides templates for treatment planning and case documentation

Techniques and Interventions for Play Therapy and Clinical Supervision *IGI Global*

The use of techniques and interventions for play therapy during the supervision process for graduate and post-graduate counselors provides a host of benefits for the counseling student, post-graduate intern, and supervisor. The counselor in training is able to experientially integrate theory with practice through the use of different modalities that

provide reflection and insight into their work with clients. Additionally, the use of techniques and interventions for play therapy allows a secure and strong supervisory relationship, which allows the counselor in training to explore personal and professional goals; verbalize and conceptualize client issues, goals, and effective interventions; and develop counselor-client relationships that allow the client to progress during the therapeutic process. However, play therapy techniques and interventions are not often incorporated into the supervision process unless the clinician is a registered play therapist being supervised by a registered play therapist supervisor.

Play Therapy

Basics and Beyond *John Wiley & Sons*

Written for use in play therapy and child counseling courses, this extraordinarily practical text provides a detailed examination of basic and advanced play therapy concepts and skills and guidance on when and how to use them. Kottman's multitheoretical approach and wealth of explicit techniques are also helpful for clinicians who want to gain greater insight into children's minds and enhance therapeutic communication through the power of play. After a discussion of the basic concepts and logistical aspects of play therapy, Kottman illustrates commonly used play therapy skills and more advanced skills. Introduced in this edition is a new chapter on working with parents and teachers to increase the effectiveness of play therapy. Practice exercises and "Questions to Ponder" throughout the text facilitate the skill-building and self-examination process. *Requests for

digital versions from ACA can be found on www.wiley.com. *To purchase print copies, please visit the ACA website *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org

The Handbook of Play Therapy *Routledge*

Child abuse cases and problems created by breakdowns in family relationships have highlighted the need for sound techniques for communicating with children. As a result, there is renewed interest in the therapeutic use of play to help prevent or repair emotional damage in both children and their families. The Handbook of Play Therapy is a comprehensive introduction to the theory and practice of play therapy. It provides a practical guide to the basic skills necessary to begin tapping the healing potential of play and gives many examples of good practice.

Dibs! *Carolrhoda Books* ®

Teaching your little brother his first word—dibs—is funny. Until he starts calling dibs on everything, from your parents' bed to a real airplane to the White House. What's next? Calling dibs on the moon? Sure enough, Julian's little brother, Clancy, calls dibs on NASA and blasts off into space! Julian is glad to have Earth all to himself...at first. But Julian begins to miss Clancy. Can he harness the power of dibs to rescue his little brother? This humorous take on sibling rivalry is by Laura Gehl, author of the hilarious picture book *I Got a Chicken for My Birthday*.

No One Ever Asked

A Novel *WaterBrook*

Challenging perceptions of

discrimination and prejudice, this emotionally resonant drama for readers of Lisa Wingate and Jodi Picoult explores three different women navigating challenges in a changing school district—and in their lives. WINNER OF THE CHRISTY AWARD® When an impoverished school district loses its accreditation and the affluent community of Crystal Ridge has no choice but to open their school doors, the lives of three very different women converge: Camille Gray--the wife of an executive, mother of three, long-standing PTA chairwoman and champion fundraiser--faced with a shocking discovery that threatens to tear her picture-perfect world apart at the seams. Jen Covington, the career nurse whose long, painful journey to motherhood finally resulted in adoption but she is struggling with a happily-ever-after so much harder than she anticipated. Twenty-two-year-old Anaya Jones--the first woman in her family to graduate college and a brand new teacher at Crystal Ridge's top elementary school, unprepared for the powder-keg situation she's stepped into. Tensions rise within and without, culminating in an unforeseen event that impacts them all. This story explores the implicit biases impacting American society, and asks the ultimate question: What does it mean to be human? Why are we so quick to put labels on each other and categorize people as "this" or "that", when such complexity exists in each person?

Dibs

In Search of Self

App Kid

How a Child of Immigrants Grabbed a Piece of the American Dream *Knopf*

An inspiring and deeply personal coming of age memoir from one of Silicon Valley's youngest entrepreneurs—a second-generation Latino immigrant who taught himself how to code as a thirteen-year-old and went on to claim his share of the American dream. As his parents watched their restaurant business collapse in the wake of the Great Recession, Michael Sayman was googling “how to code.” Within a year, he had launched an iPhone app that was raking in thousands of dollars a month, enough to keep his family afloat—and in America. Entirely self-taught, Sayman headed from high school straight into the professional world, and by the time he was seventeen, he was Facebook's youngest employe ever, building new features that wowed its founder Mark Zuckerberg and are now being used by more than half a billion people every day. Sayman pushed Facebook to build its own version of Snapchat's Stories and, as a result, engagement on the platform soared across all demographics. Millions of Gen Z and Millennials flocked to Facebook, and as teen engagement rose dramatically on Instagram and WhatsApp, Snapchat's parent company suffered a billion-dollar loss in value. Three years later, Sayman jumped ship for Google. App Kid is the galvanizing story of a young Latino, not yet old enough to drink, who excelled in the cutthroat world of Silicon Valley and went on to become an inspiration to thousands of kids everywhere by following his own surprising, extraordinary path. In this candid and uplifting memoir, Sayman shares the highs and lows, the successes and failures, of his remarkable journey. His book is essential and affirming reading

for anyone marching to the beat of their own drum.

Becoming and Being a Play Therapist

Play Therapy in Practice *Routledge*

Becoming and Being a Play Therapist: Play Therapy in Practice presents a rich and illuminating account of current play therapy practice, with an emphasis on becoming and being a play therapist and on some of the varied clinical contexts in which play therapists work. Written by members of British Association of Play Therapists, this book highlights the current complexity of play therapy practice in the UK and reflects the expertise of the collected authors in working with emotional, behavioural and mental health challenges in children and young people. Divided into three parts, the book is designed to build on and consolidate the principles and professional/personal competences of play therapy practice. Key topics include: Training and establishing oneself as a play therapist in the UK, a comprehensive guide. The improvisational practitioner; therapist responses to resistance and aggressive play. Systemic considerations in play therapy with birth families and adopters; advantages and challenges. Case-study based explorations of play therapy across a range of service user groups, including childhood trauma, bereavement and sexual abuse, and agency contexts, including school and CAMHS settings. *Becoming and Being a Play Therapist* will be relevant both for play therapy trainees and for qualified play therapists as well as for related professionals.

Child Centered Play Therapy

A Clinical Session

This DVD is a perfect complement to Play Therapy: The Art of the Relationship, giving students, instructors, supervisors and practitioners visual reinforcement of the materials

presented in the text. It shows a complete unrehearsed play therapy session, featuring Gary Landreth as he works with a young girl in a fully equipped play therapy room-- Container.