
John Meadows Arm Workout

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Light It, Shoot It, Retouch It from New Riders and written by Scott Kelby teaches you everything from the complete lighting setup (and all the gear used), to the shoot (including all the camera settings and a contact sheet of the progression of the shoot), to the all-important part that most books don't dare include: the post-processing and retouching in Photoshop. This book also breaks new ground in the visual way it teaches you the lighting setup.

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Light It, Shoot It, Retouch It: Learn Step by Step How to Go from Empty Studio to Finished Image is the latest book by Scott Kelby, and this time he's tackling the subject of studio lighting. Like all of Scott's other books, this one is complete with lots of pictures and great detailed instructions. For those of you who loved his 7 Point System book, and are taking on the challenge of studio lighting, you'll find this book to be EXACTLY what you are looking for.

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