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Art of Manliness Podcast #127: The Sports Gene With David Epstein ~~The Sports Gene~~ ~~The Sports Gene Inside the Science of Extraordinary Athletic Performance~~ ~~How Genes Affect Athletic Performance: VICE Podcast 032~~ ~~The Sports Gene by David Epstein (Audiobook Excerpt)~~ **The Sports Gene Inside the Science of Extraordinary Athletic Performance**

The Sports Gene Inside The

The Sports Gene: Inside the Science of Extraordinary Athletic Performance by David Epstein "The Sports Gene" is an enjoyable book that shares the latest of modern genetic research as it relates to elite athleticism. In the never-ending quest to settle the debate of nature versus nurture, David Epstein takes the readers on a journey into sports and tries to answer how much does each contribute.

The Sports Gene: Inside the Science of Extraordinary ...

The sports gene is a great mix of journalistic reporting, scientific reviewing

and story telling, presenting the dualistic concept of genetic talent and hardworking training as a synergistic way to achieve success. A very interesting read for any sports passionate but not only...

The Sports Gene: Talent, Practice and the Truth About ...

The Sports Gene: Inside the Science of Extraordinary Athletic Performance by Epstein, David at AbeBooks.co.uk - ISBN 10: 1591845114 - ISBN 13: 9781591845119 - Current - 2013 - Hardcover

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The Sports Gene: Inside the Science of Extraordinary Athletic Performance ; Author: David Epstein: Country: United States: Language: English: Genre: Sports: Published: 2013 (Penguin Books) Media type: Print : Pages: 353: ISBN: 978-1617230127

The Sports Gene - Wikipedia

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The Sports Gene: Inside the Science of Extraordinary ...

The title implies that there may be a "sports gene" (whatever that combination of words might mean), but the book is serious reportage of the interaction of some kinds of inherited characteristics (presumably expressions of genes) and training that seems to take advantage of them.

Amazon.com: The Sports Gene: Inside the Science of ...

The Sports Gene: What Makes the Perfect Athlete by David Epstein – review Richard Moore on an illuminating book that challenges the notion that in sport, practice matters more than innate talent...

The Sports Gene: What Makes the Perfect Athlete by David ...

Sports scientists have gradually entered the era of modern genetic research. In this controversial and engaging exploration of athletic success, Sports Illustrated senior writer David Epstein tackles the great nature vs. nurture debate and traces how far science has come in solving this great riddle. He investigates the so-called 10,000-hour rule to uncover whether rigorous and consistent practice from a young age is the only route to athletic excellence.

The Sports Gene: Inside the Science of Extraordinary ...

In David Epstein's THE SPORTS GENE our bodies' diversity and limits are encoded in the very cells we're born with. The book is thorough and far-reaching. It's an exciting (and ominous) time in the science of genetics, and Epstein's research sizzles with the breakthroughs

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